

My EBSNA additional support plan

Name:		Date:	
At school, I am finding these things difficult at the moment:			
My key adults in school are:			
I can speak to my key adult(s)			
When:			
Where:			
Our plan – our strategies and ideas:			
What I am finding difficult at the moment is...		So, the support we are trying is...	
<i>Link the barriers to attendance or risk factors here. If you have a recent EPS report, this should include some of these for inspiration.</i>		<i>Include here any changes to the school day and any reasonable adjustments. These could include, but are not limited to arrival times/routines, places they could go in school, changes to routines e.g. break, lunchtimes, moving between lessons, classroom expectations (e.g. not expected to read aloud, work in pairs etc.), homework adjustments.</i>	
<ul style="list-style-type: none"> • • • • • 		<ul style="list-style-type: none"> • • • • • 	
My return to school 'ladder':			
We are working together carefully, to think about how ready I feel to be in school.			
My current plan is:			
Step 1. is...		<i>Insert detail here e.g. add 10 minutes every day? Or 15 minutes two days per week, no step is 'too small', be led by the young person</i>	
<i>If we all agree that things are going well, the next steps we have agreed will be: Map every step of the ladder as much as possible, at the outset.</i>			



Step 2.	Details
Step 3.	Details
(Please add extra rows as needed)	
Support for if I'm feeling upset:	
When I feel upset, I notice these things about myself: 1. 2. 3.	What I can do when I feel upset: 1. 2. 3.
When I start to feel upset, other people (staff, family, friends) might notice these things about me: 1. 2. 3.	What others (staff, family, friends) can do to help when I feel upset. <i>Detail who is providing the support.</i> 1. 2. 3.
Things that my family can do to support me to attend school:	
Places in school where I can go to feel safe and supported:	
Other people who have access to this place are:	
Signing my support plan:	
My signature	
Key adult's signature	
Parent / carer signature	
Does anyone else need a copy of this plan?	
This plan will be reviewed regularly so that it remains helpful for me	
Who will review this?	
When is my next review?	



Key review messages to remember...

Please remind one another of these at each review!

- Progress might not be possible every day or every week. Some weeks might be easier, and some weeks may be harder than others – that's OK, because you are all working so hard!
- It is important to stick to your plan. Keep to the visits / sessions agreed, even if the CYP appears to be having a 'better day'. Knowing the 'end point' and not suddenly changing these are essential to success.
- If it has been a difficult day, tomorrow is a new day with a fresh start, and we will try again.
- At the end of a school visit, think about any issues that need addressing before the next day.
- When you review, if the young person isn't ready to progress to the next step of the ladder, it is okay, and we must stay at the same step for another week.

