

Letter template: Children in close contact

Dear Parent,

Advice for Children close contacts of positive COVID-19 cases

We have been advised that there has been a [small number of] confirmed case (s) of COVID-19 within [Insert year and school, or early years setting)

We have identified that your child may have been in close contact with the affected case (s) and wanted to ensure you were aware in case they develop any symptoms (in which case they should stay at home, avoid contact with others, and stay off until they are well enough and do not have a temperature). In line with national guidance, we recommend that your child continues to attend the setting unless they develop symptoms.

If you do have access to lateral flow tests, you may wish to test your child regularly over a 7 day period. Any child testing positive should stay at home and avoid contact with others for 3 clear days after the day they develop symptoms (or after the day they test if they don't have symptoms). They can return to school/the setting if they are well and do not have a temperature, on day 4.

Please see below guidance for if your child/anyone in the household develops COVID-19 symptoms.

What to do if you/your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If anyone in the household develops any of these symptoms of COVID-19, they are strongly advised to remain at home and avoid contact with others. They can return to normal activities when well and they do not have a temperature. If they have tested positive for COVID-19, it is recommended they stay at home and avoid contact with others for 5 clear days (for adults) or 3 clear days (for children) after the day their symptoms started (or the day they tested if they have no symptoms), and until they are well and have no temperature. When COVID-19 is circulating, it is worth also being aware of the wider symptoms of COVID-19 including: sore throat, headache, muscle ache, fatigue, shortness of breath, blocked/runny nose, diarrhoea and vomiting, and cold-like symptoms.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact Warwickshire County Council on 0800 408 1447.

Further information

Further information is available at [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)

Yours sincerely
Headteacher