

Progression Pathway

## **Active Learning**

For adults with learning difficulties and disabilities



Skills for Independence

Courses

Life Skills
Basic Cooking Skills

**Skills**Confidence

Money management

Making healthy choices

Keep myself safe

Considering new opportunities

Skills for Working and Volunteering

Courses

Learning for Work

Maths

English

Computing

Skills

Confidence

Considering new opportunities, including further learning, work and volunteering

Gaining qualifications

Communication

Learning for Wellbeing

Courses

Music

Drama

Gardening Skills

Art

**Skills** 

Confidence

Self-esteem

Working with others

Communication

Being creative

Considering new opportunities

ROUTE