



West Midlands Virtual Schools Training - September 2024 to July 2025

Audience - foster carers, adoptive parents, special guardians, kinship carers and those carers of children with a child arrangement order

12 courses delivered twice over this academic year September 2024 to July 2025

1. An Introduction to Attachment / Trauma and the Impact on Education
2. Supporting Reading in the Primary Years
3. An Introduction to Emotion Coaching
4. Understanding the Special Educational Needs Process
5. An Introduction to Therapeutic Play
6. Understanding Post 16 Education Options
7. Supporting Sensory Needs in an Education Setting
8. Supporting Play and Development in the Early Years
9. Promoting Emotional Self-Regulation
10. An Introduction to PACE
11. Supporting Reading in Key Stage 3
12. Supporting Phonics Development

Training - 2 hours per session

1. An Introduction to Attachment / Trauma and the Impact on Education

**4th November 2024
12:30pm - 2:30pm**

[Click here to book your place](#)

**13th March 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

Outcomes:

- Describe attachment theory and the development of attachment
- Explore trauma and the impact of trauma on the brain
- Explore how experiences in earlier relationships create attachment strategies that systematically affect future relationships and impact upon memory systems and learning
- Describe the four types of attachment applying attachment theory to how a young person presents in an educational setting
- Think about how a young person who has experienced significant trauma can be supported in an educational setting

2. Supporting Reading in the Primary Years

**14th November 2024
5:00pm - 7:00pm**

[Click here to book your place](#)

**17th March 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

Outcomes:

- Explain the importance of reading and developing a love for reading
- Understand the reading curriculum across the primary years
- Identify school reading schemes
- Explore how children learn to read and the importance of phonics
- To explore the importance of reading comprehension and how parents/carers can support with this
- Explore a range of resources parents/carers can use to support children's progress in reading

3. An Introduction to Emotion Coaching

**21st November 2024
5:00pm - 7:00pm**

[Click here to book your place](#)

**24th March 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

Outcomes:

- Explain the principals behind Emotion Coaching
- Explain how the brain manages emotions, exploring the Hand Model of the Brain and the Fight, Flight, Freeze response
- Define different styles of managing emotions
- Explain the steps involved in an Emotion Coaching response
- Use some of the techniques and skills needed to Emotion Coach

4. Understanding the Special Educational Needs (SEN) Process

**2nd December 2024
12:30pm - 2:30pm**

[Click here to book your place](#)

**3rd April 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

Outcomes:

- What does it mean if my young person is on the SEN register receiving SEN support in school?
- What is an Individual Education Plan?
- Does my young person require a request for Statutory Assessment / EHC Plan, if so, how can I progress this with a school?
- Can I submit a request for a Statutory Assessment / EHC Plan as a parent?
- What is the EHC Plan process? What evidence is required? What does it entail? How long does it take to be accepted and in place?
- Does my young person need to attend a special school provision? What is the process?

5. An introduction to Therapeutic Play

**18th December 2024
5:30pm - 6:30pm**

[Click here to book your place](#)

**12th May 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

Outcomes:

- Describe attachment theory and begin to understand how experiences in earlier relationships create attachment strategies that affect future relationships, impact upon memory systems and learning
- Understand the impact of trauma on the brain
- Define and be able to apply the principles of Therapeutic Play
- Specify and explain the four components used in Therapeutic Play
 - Structure
 - Engagement
 - Nurture
 - Challenge
- Explore a range of Therapeutic Play activities that can be used in daily life

This course is tailored towards Adoptive Parents and Special Guardianship Carers although many of the activities can be used by all parents and carers

6. Understanding Post 16 Education Options

**6th January 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

**1st May 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

Outcomes:

- To understand the statutory guidance for post 16 education
- To understand the range of qualifications available for post 16
- To explore post 16 education options for mainstream young people and young people with an EHC Plan
- To explore funding support for post 16 education

7. Supporting Sensory Needs in an Education Environment

**23rd January 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

**19th May 2025
12:30pm - 2:30pm**

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Outcomes:

- Describe the 8 senses
- Understand the challenges young people who have experienced trauma can have with sensory processing
- Focus on the four main senses (vestibular, proprioception, interoception and tactile) that can provide challenges for young people who have experienced trauma
- Explore strategies to support sensory processing difficulties that can be incorporated into school or home life

8. Supporting Play and Development in the Early Years at Home

**27th January 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

**5th June 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

Outcomes:

- Describe the importance and benefits of play
- Understand the developmental stages of play and name the different types of play
- Explore a range of every day easy to access play activities
- Explore a range of Therapeutic Approaches that focus on play
 - The PACE Approach - focus on P - using a Playful Approach
 - Play Therapy - a brief overview of Play Therapy
 - Theraplay - a brief overview and introduction to explore Therapeutic Play activities

9. Promoting Emotional Self-Regulation

**3rd February 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

**12th June 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

Outcomes:

- Define the values of self-regulation
- Support your young people to increase their emotional vocabulary to explain how they are feeling
- Support your young people to develop a range of problem-solving skills, develop their resilience and use self-regulation to manage their emotions
- Identify a range of calming and alerting strategies to manage emotions
- Explore 'Zones of Regulation' and how they are used in schools to support self-regulation

10. An Introduction to PACE

**10th February 2025
6:00pm - 8:00pm**

[Click here to book your place](#)

**23rd June 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

Outcomes:

- Understand trauma and its impact on the brain
- What is DDP? Dyadic Developmental Psychotherapy/Parenting /Practise
- Explain and use therapeutic parenting via the PACE approach
- Explore how to implement the principles of PACE in your relationship(s) with your child/ children

11. Supporting Reading in Key Stage 3

**27th February 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

**4th July 2025
1:30pm - 2:30pm**

[Click here to book your place](#)

Outcomes:

- Explain the importance of reading and how to develop a love for reading
- Explore reading within the Key Stage 3 English Curriculum
- Explore how to support the development of your young person's vocabulary
- Share tips to support a reluctant reader
- Explore interventions to support reading in Key Stage 3
- Understand the importance of reading when preparing for GCSE English and other subjects
- Explore what parents/carers can do to support reading at home

12. Supporting Phonics Development

**3rd March 2025
12:30pm - 2:30pm**

[Click here to book your place](#)

**10th July 2025
5:00pm - 7:00pm**

[Click here to book your place](#)

Outcomes:

- Explain phonics, using letters to produce sounds
- Appreciate how phonics is taught in schools and how phonic skills and knowledge can be applied as the first approach in reading and writing
- Apply strategies to improve outcomes for children's learning
- Explore activities which can support phonics learning in a home setting

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