



KIND COMMUNITIES-KIND FOOD NEWSLETTER

Friday 15 September 2023

Welcome to the first edition of our Kind Communities-Kind Food newsletter about the Warwickshire Food Strategy 2023 – 2026. In this edition you will find updates on our Food Strategy Delivery Plan, including new initiatives under way.

Warwickshire Food Strategy Project and Delivery Plan

We are now six months into the first year of the Warwickshire Food Strategy Delivery Plan. Our Food Strategy communications plan is being implemented successfully with further steps now in the planning to promote a Food Champion Scheme and advertise for volunteers, promote our community winter warmer recipes on social media and website, and develop a 'useful resources' poster that signposts to food partner's help and support.

A funded scheme has been agreed with Warwickshire Rural Community Council to run 12 four-week courses in slow cooking at Warm hubs and community venues across the county this autumn and winter. This will include a cooking instructor who will deliver the courses supported by volunteers at the Winter Warm hubs. Free slow cookers will be issued as part of the course. This scheme which builds on the success of similar courses trialled last year at some Winter Warm Hubs, is an excellent way to promote a way for people to access and cook affordable healthy food in the colder months.

Engagement with communities has got under way with the first 'Kind Communities-Kind Food' event taking place at the Jubilee Sports centre, Greenmoor Road Nuneaton on Saturday 9 September. The event was organised by the Warwickshire County Council Community Partnerships Team in partnership with the Equality and Inclusion Partnership.



Healthy affordable recipes and home growing equipment being demonstrated at the event

The event which was open to the public featured three affordable and healthy cooking demonstrations, providing recipe cards and an opportunity to taste the cooked food, plus talks and demonstrations around slow cooking and growing your own food. The event was supported by over 15 support organisations and agencies who were on hand to provide advice and information. A dozen slow cookers were donated by Argos, which were made available to families who wished to try slow cooking and the recipes provided.

FURTHER INFORMATION

1) The next Kind Communities-Kind Food event takes place on Saturday 21 October 12pm- 4pm at the Sydni Centre, Leamington Spa. Please feel free to attend and support this event and promote it via your networks. Please find the Eventbrite link below.

<https://www.eventbrite.co.uk/e/kind-communities-kind-food-leamington-spa-tickets-685498653927>

2) Workshops on food insecurity at Warwick University. Two, half-day workshops focusing on the effective evaluation of food poverty projects and developing a deeper understanding of what the data is telling us about other aspects of food poverty and hunger in our region. The outcome of the workshops will be a scoping of causes and effects in relation to food poverty in our region, and identifying where we are missing information. These workshops are being led by Food Forum member Dr Martine Barons

3) Please find a link below to the Warwickshire County Council website Food Support pages which contains useful information and links to the Warwickshire Food Strategy 2023-2026 for your information.

<https://www.warwickshire.gov.uk/managing-money-debt/food-support/4>

4) The Warwickshire County Council Family Information Service has produced leaflets about its Free School Meals service which can be obtained translated into different languages.

[Apply for free school meals – Warwickshire County Council](#)

For further information on any of this content please contact Mike Slemensek

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