

| Index case Person w ho develops symptoms or has positive LFT/ PCR test result | If have symptoms: Immediately start self-isolation and arrange COVID-19 PCR test. PCR tests can be arranged through the <u>online portal</u> or via 119. During self-isolation, individuals should follow <u>'stay at home'</u> guidance If have a positive LFD test (no symptoms): no need to confirm LFT with PCR (unless individual needs to claim self-isolation payment) – need to isolate and treat as positive case If PCR result is negative: end self-isolation when well and have not had a temperature for 48 hours (unless not exempt from isolation and someone else in household is symptomatic/positive) If PCR result is positive (in individual with symptoms) or they have a positive LFT (without symptoms): Continue to self-isolate for 5 days (minimum) after the day of symptom onset/test (if no symptoms) – which is day 0 Self-isolation can end after a lateral flow test on day 6 if they have had 2 LFT tests taken 24 hours apart (on Day 5 and Day 6) and they are w ell and do not have a temperature. They should work from home if able, w ear a face covering and limit contact especially with vulnerable individuals until the end of the 10 day period. If symptoms start w hilst isolating, isolation period starts again - day of symptom onset = day 0 | |
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| Close contacts Including household contacts | Children under 5 years No requirement for self-isolation, but it is a local recommendation for all close contacts to be asked to PCR test and continue with regular LFT testing (if acceptable to parents). PCR tests are advised nationally for under 5's w ho are household contacts of positive cases. •if child tests positive, self-isolate for 10 days. At parent or guardian discretion child may be able to leave self-isolation early if they do not have a high temperature and if they take an LFD test on or after Day 5and a second LFD 24 hours later on Day 6, and both are negative. •if either of the LFD results on days 5 or 6 show a positive result child should continue their self isolation until they have 2 consecutive negative tests. These should be taken 24 hours apart or their 10 days of isolation is completed, w hichever is soonest. •if parent or guardian decides not to carry out LFD testing, then the child should continue w ith their self isolation for the full 10 days. | If PCR result of index cases is negative, close contacts who are self-isolating (i.e. adults w ho are not doubly vaccinated should isolate from onset of symptoms in their contact) can deisolate if no symptoms. If PCR result of index case is positive or they have a positive LFT: action depends on age and vaccination status: Adults w ho are not doubly vaccinated • Continue to self-isolate for 10 clear days after the day of last contact w ith index case. • If develop COVID-19 symptoms, arrange PCR test as soon as possible. Child over 5 years OR adult w ho had second vaccine dose at least 2 weeks before contact • No requirement for self-isolation, but is strongly recommended to take an LFT test daily for 7 days prior to coming into the setting (and then continue w ith twice weekly LFT testing). COVID-19 symptoms: New, continuous cough OR high temperature OR loss/ change in sense of taste or smell. Anyone with these symptoms should start self-isolating and arrange a COVID-19 test. Other possible COVID-19 symptoms include: tiredness, shortness of breath, headache, sore |
| EY and childcare providers | If the individual is in the setting when they become symptomatic: Isolate individual and arrange for them to go home (or call 999 if seriously unw ell). If possible, should isolate behind a closed door or 2m aw ay from others, with an open window. Clean isolation room (and bathroom if used). Notification Notify cases to earlyyearsadvisors@warwickshire.gov.uk (8amto 5pm Mon - Fr) and dphadmin@warwickshire.gov.uk out of hours. LA (with UKHSA as appropriate) will complete a risk assessment, provide advice, and determine w hether an Incident Management Team meeting required. Identification of close contacts Providers should identify close contacts who need to self-isolate or test (see self-isolation/testing rules above and close contact definitions to right). Providers should send letter to contacts (provided by LA) | throat, muscle ache, blocked/runny nose, diarrhoea and vomiting, cold like symptoms. LFT: Lateral flow tests are for asymptomatic screening only. LFTs should not be used for individuals with symptoms. From 11th January positive LFT tests do not need to be confirmed by PCR unless an individual needs to claim self-isolation payment. Close contacts: anyone who has had the following contact with the index individual: Face-to-face for any length of time Within 1 metre for 1 minute or more. Within 1-2 metres for 15 mins or more (either as a one-off contact for over 15 minutes, or shorter contacts added together over one day) Travel in a vehicle Note – all children in the same classes/group may be close contacts, plus any others identified – e.g. break times, lunch times, before and after coming into the setting (including on transport) Period when to contact trace: Contact trace for the two clear days prior to the day of symptom onset/test (if no symptoms) and isolate for the 10 full days after this day. Example: if symptom onset (and day they were last in setting) was on Wednesday, then trace for Wed, Tues, and Mon |

Cleaning: Please refer to detailed guidance for <u>cleaning of non-healthcare settings</u> and for both routine cleaning, and cleaning follow ing an infectious person having been in your follow the key points below:
 Use disposable cloths or paper roll and disposable mop heads.

• Use, as in cleaning routine, a combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine (ppm av. Cl.) OR household detergent follow ed by disinfection (1000ppmav. Cl.) OR if an alternative combined detergent/disinfectant is used ensure it is effective against enveloped viruses and meets EN 14476 standards (including any wipes used)

Any waste from suspected cases and cleaning of areas should be double bagged and stored for 72 hours before disposal as normal.