

Letter template: children in close contact

Dear Parent,

Advice for Children close contacts of positive COVID-19 cases

We have been advised that there has been a [small number of] confirmed case (s) of COVID-19 within [Insert name of setting]

We have identified that your child may have been in close contact with the affected case.

Children aged 5 years and over

No requirement for self-isolation but in line with national guidance we recommend that if your child undertakes daily lateral flow tests for 7 days prior to coming into the setting.

Child under 5.

- No requirement for self-isolation, but it is a local recommendation for close contacts to be asked to PCR test and continue with regular LFT testing (if acceptable to parents). PCR tests are nationally recommended for under 5's who are household contacts of positive cases.

If any of your lateral flow tests are positive, please isolate and book a PCR test.

Should the PCR yield a positive result, we would ask that you isolate and follow national "Stay at Home" guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact Warwickshire County Council on 0800 408 1447.

For information regarding access to lateral flow tests see:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing/regular-rapid-coronavirus-tests-if-you-do-not-have-symptoms/>

PCR Testing can be arranged by calling 119 or online: <https://www.gov.uk/get-coronavirus-test>

Please see below guidance for if your child/anyone in the household develops COVID-19 symptoms.

What to do if you/your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If anyone in the household develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. This should be an NHS PCR test taken at a test site and **NOT** a rapid test taken at a community testing site (an LFT test). Anyone that attends one of our community testing sites with symptoms of COVID-19 will be redirected. When COVID-19 is circulating, it is worth also being aware of the wider symptoms of COVID-19 including: sore throat, headache, muscle ache, fatigue, shortness of breath, blocked/runny nose, diarrhoea and vomiting, and cold-like symptoms.

Household members of the symptomatic individual who are over 18 years and 6 months and **not fully vaccinated**, must also stay at home whilst awaiting the PCR result - they should not go to work, school or public areas, even for exercise.

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Further information

Further information is available at nhs.uk/coronavirus

Yours sincerely

(insert name of setting manager/leader/proprietor as appropriate)