## Information about isolation during COVID-19

When to isolate	<ul> <li>You must self-isolate immediately if you:</li> <li>Have any symptoms of COVID-19</li> <li>Have received a positive test</li> <li>Have been identified as a close contact of a positive case</li> <li>You must self-isolate and stay at home for the full 10 day isolation period.</li> <li>For more advice visit gov.uk/coronavirus</li> </ul>	HOW TO SELF-ISOLATE  Don't go two type out for exercise
Isolation - support	If you are struggling to feed your family or make ends meet as a result of the pandemic there is help for you, go to <a href="https://www.warwickshire.gov.uk/facinghardship">https://www.warwickshire.gov.uk/facinghardship</a> or call 0800 408 1448	#BESTWARWICKSHIRE  Are you finding it hard to manage right now?
Isolation - support	Are you isolated without support from family, friends or neighbours? We will do our best to help you get the support you need at this time. For more information go to warwickshire.gov.uk/coronavirusvulnerable or call 0800 408 1447	#BESTWARWICKSHIRE Do you have no support at this time and need help?
Isolation - support	District and Borough Councils in Warwickshire can provide Self Isolation Payments to some residents who are self-isolating because of Coronavirus and need financial assistance. If this affects you, contact your local council to find out more <a href="https://www.warwickshire.gov.uk/information-coronavirus/coronavirus-services-support/1">https://www.warwickshire.gov.uk/information-coronavirus/coronavirus-services-support/1</a>	Video  YOU COULD BE ELIMBLE FOR \$500 SUPPORT  If pair was a sew pairs as a sew pa
Isolation – close contact	If you have been in contact with someone who has COVID-19 then you need to isolate for 10 full days even if you feel well.  If you get symptoms during isolation then you must book a test at <a href="https://www.gov.uk/get-coronavirus-test">www.gov.uk/get-coronavirus-test</a> or call 119. A positive result means that your 10-day isolation period must start again from the first day of your symptoms.	DON'T GO OUT  DON'T GO OUT  DON'T BREAK THE LAW

If you need any of the images or videos in this file, please contact <a href="mailto:newsteam@warwickshire.gov.uk">newsteam@warwickshire.gov.uk</a>