







### If you have COVID-19 symptoms



#### **Start isolating**

You and your household for 10 days





#### **Book a test**

nhs.uk/coronavirusor call 119



## negative for COVID-19

- Household can stop isolating immediately
- You can stop isolating when symptom free for 48hrs



## positive for COVID-19

- You and your household continue isolating
- Share contacts
  Via NHS Test and Trace











# If you have been identified as a close contact of someone who has tested positive for COVID-19



You may be alerted by NHS Test and Trace





#### **Start isolating**

 start isolating for 10 days after close contact

#### If you develop COVID-19 symptoms



#### **Book a test**

nhs.uk/coronavirusor call 119



#### negative

- Household can stop isolating immediately
- You complete 10 days isolation



#### positive

 You and your household begin a new 10 day isolation from the start of your symptoms

