

Family Network Service

What is a Family Network Meeting?

A guide
for young
people

A Family Network Meeting is a meeting where you, your family and others who care about you, meet together and decide on a plan that will help with challenges you may be facing.

They are not about people telling you and your family what you should do, they are about you and your family suggesting what's best and knowing that there will be support available to help make it work.

All families are different and often have problems. Getting everyone together to think and talk about these can make a difference.

The people you or your parents and carers could invite to your family network meeting could include: Nans, Grandads, aunties, uncles, cousins, your parents or carers friends, your friends and their parents, people from church and neighbours. Anyone who cares about you could be invited!

A specially trained worker (called a coordinator) will meet with you and your family to plan the meeting. They will make sure you have a chance to share how you feel, if you want to, and can make sure you have help to do this if you want it.

After the meeting you will be offered a follow up meeting to review your family's plan and ensure that it is working for everyone. Your coordinator will set a date with you.



Contact

If you want to speak to a member of the team.

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