## Empowering local families to shape their future

Do you want to make a real difference to families in Warwickshire?

Can you spare just a few hours to volunteer your time to listen, understand and encourage parents in need of support?







### About Empowering Families

The Warwickshire Empowering Families Service has been commissioned by Warwickshire County Council (WCC) and is being provided by NYAS – National Youth Advocacy Service.

NYAS is a leading rights-based charity supporting children, young people and vulnerable adults. We are looking for dedicated volunteers to join our volunteer team to work directly with parents in need of support based in the Warwickshire county.

The service will focus on supporting parents with limited or no positive support networks who have a child or children on child in need or child protection.

### What is the time commitment?

A fully trained volunteer will be matched with a family for a maximum of **six months** to provide support to parents. Volunteers will be required to commit to 1-2 hours a week of support.

### What difference will you make?

Being an Empowering Families volunteer will, at times, be challenging but it will also be very rewarding. Your support and involvement will empower parents to feel in control of their situation and help them to improve outcomes which will help them keep their family safe.

Volunteers can build informal, trusting relationships and can create conditions for change through modelling, advocacy and encouraging positive approaches to parenting.

# What does the volunteer role involve?

As a volunteer you will be offered full training before you meet and support parents on a weekly basis, where you will empower them to feel in control of their situation. Volunteers will understand, encourage and support parents to address the difficulties and barriers within their family, working towards creating a happy and safe environment which improves outcomes.

## The types of support you could offer includes:

Support and advice managing family budgets

Developing routines in the home such as mealtimes, hygiene, housework, healthy eating, self-care, assistance arranging appointments.

> Building relationships within the family

Signposting and supporting access to and/or attending services such as health visiting, family information services, children and family centres, local community groups and activities, parks, libraries (including access to broadband)

This support is in addition to the statutory duties provided by WCC to enhance provision and to assist with restoring relationships.

## Who are we looking for?

## We welcome volunteers from all walks of life and all ages (must be 18 years plus).

All we ask is that you are patient, trustworthy and able to keep the confidence of parents and maintain boundaries. You will need to be openminded and not judgemental. Full training and ongoing development will be provided.

#### Find out more information

Contact us to have an informal discussion about this exciting role to see if it's right for you. Please email NYAS Volunteer Coordinators: hrqueries@nyas.net

Telephone 0808 808 1001 www.nyas.net () @NYASServices () NYAS.yp @nyasservices () NYAS (National Youth Advocacy Service)

ΠV