Healthy Ageing JSNA summary





As we age, we are more likely to be living with health conditions and have care needs

24% By 2033, 24% of Warwickshire's population is projected to be 65+, an increase of 30,000 people since 2021 2033

Nationally, the percentage of people aged 65+ living with two or more long-term conditions is projected to increase from 54% to 68% by 2035

The need for help with activities of daily living increases with age



Prevention is key - for quality of life, reducing inequalities, and the sustainability of services

Life course approach



Tobacco is the largest modifiable risk factor for ill health and death in people aged 70+ in Warwickshire



Supporting people to stop smoking at any age is important

of the people in Warwickshire who are estimated to have dementia have a diagnosis, meaning 45% may be missing out on support



Prevention is about **preventing illness** - but it is also about preventing harm by intervening early and providing optimal treatment

Different types of prevention | Wider determinants of health

estimated amount of unclaimed

Pension Credit in Warwickshire in 2019

The places and conditions older people live in affect their health

We need to reframe attitudes to ageing and recognise and build on strengths



Perceptions still linger from when old people were considered a burden on society. The opposite is true in that many older people volunteer enabling those at work to focus on their work. We all get older, it's just recognising it.

Healthy Ageing in Warwickshire survey

