- ngt are Migro
- Microbes are living organisms
- They are so small we need a microscope to see them
- They come in different shapes and sizes

- They are found EVERYWHERE!
- Some microbes are useful or even good for us
- Some microbes can make us ill

There are **3** different types of microbes:

Influenza



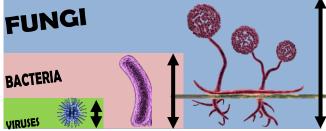
KE

VIRIU



- Viruses are even smaller than bacteria and can sometimes live INSIDE bacteria!
- Some viruses make us sick.
- Diseases like CHICKENPOX and the FLU are caused by viruses.
- Viruses can spread from one person to another but it depends on the type of virus.

Microbe **Size**



There are three different types of bacteria. They look like:
Spirals Rods Balls

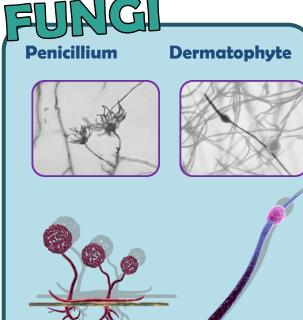


r) (e.g. *Lactobacillus*)





- They are so small that 1000s of bacteria could fit on the full stop at the end of this sentence.
- Some bacteria are helpful in cooking, for example, making yogurt and cheese.
- Some bacteria are harmful and cause infection.
- Bacteria multiply very fast.



Participant Handout 3

- Fungi are the largest of all microbes.
- Fungi can be found in the air, on plants and in water.
- Mould, which grows on bread, is a type of fungus.