PLACE BASED NEEDS ASSESSMENT RUGBY RURAL SOUTH

APPENDICES

Warwickshire Joint Strategic Needs Assessment

2020





Report produced by Business Intelligence

CONTENTS

Appendix A – Rugby Rural South community assets	3
Appendix B – Rugby Rural South stakeholder event	16
Appendix C – Rugby Rural South JSNA consultation results	. 17



APPENDIX A - RUGBY RURAL SOUTH COMMUNITY ASSETS





Organisation & Location Map Ref 1: Womens Institute, Village Hall, Mill Yard, CV22 6GH	Activities, classes, events & contact details Meetings start at 7:30 P.M. on every second Thursday of the month and are heald at the WI Hall, Southam Road For more details please call Marion on 01788 330756 or Elizabeth on 01788 522350	Children & Families	Young People	Older People	Community Venues & Meeting Points	Community Organisations & Social Groups	Leisure & Recreational Activities	Advice & Support	Community Cafés & Foods	Health & Wellbeing	Education & Learning
Map Ref 2: Dunchurch Boughton C Of E Junior School, Dew Close, CV22 6NE	E: dtwisecretary@gmail.com Voluntary Aided Primary School Boy's Football, Girl's Football, Fit2Dance Kids, Gardening, Rock Solid, Mad Science, Orchestra, Chess, Racquets, Film Club, Basketball, Cookery, Imagineering, Spanish, 'Play On' Theatre, Cheerleading, Tag Rugby E: admin3391@welearn365.com T: 01788 811028	~					✓				~
MapRef3:DunchurchScouts,1stDivisionScoutHall,DoneCerceClose,CV226NZ	There are three scouting sections at the 1st Dunchurch Scout Group which meet during school term times and links below with information on each section. The Beaver Scout Colony (Draycote) (ages 5 ½ to 8) meets on Mondays. The Beaver Scout Colony (Toft) (ages 5 ½ to 8) meets on Tuesdays. The Cubs Scout Pack (ages 8 to 10½) meets on Wednesdays. The Scout Troop (ages 10½ to 14) meets on Thursdays.	~	~				>				



MapRef4:DunchurchFirstSchool, School Street,Dunchurch, CV22 6PA	Dunchurch Infant School & Nursery is situated on the edge of Rugby, in Warwickshire. Children can join our Nursery from the start of the term in which they turn three. When they are older, children join one of our two Reception classes and stay with us until the end of Year 2. We also offer before and after-school care and a holiday club. Owls Before & After-School Care, Martial Arts Club. French Club, Football Development Service Club, Sports Club, Gardening Club, Singing Club, Spanish Club T: 01788 810292 E: office@dunchurchinfants.co.uk	>			~		~
MapRef5:DunchurchCommunityLibrary,TheGreen,Dunchurch, CV22 6PA	 Books and computers in a light and airy space, providing a safe environment for all members of the community. Modern facilities include a coffee area, four computers for public use, wifi, children's corner and customer toilet with disabled access and baby-changing facilities. Coffee, craft and cake – third Friday of every month, Story time – every Thursday afternoon in termtime, Summer Reading Challenge - throughout the summer holidays, Computer Confidence – every Thursday morning, Book Start Bear Club – ongoing, for pre-school children Library opening times: Tuesday 10.00 – 18.30, Thursday 10.00 – 17.00, Friday 10.00 – 17.00, Saturday 10.00 – 13.00 T: 01788 811355 E: dunchurchlibrary@btconnect.com http://www.dunchurchlibrary.org/ 	►	~	~		✓	~
MapRef6:DunchurchSportsfieldAndVillageHall, RugbyRoad,Dunchurch,CV22 6PN	Sing along, Jazz Club, Charity Fashion Show, Sunday Dance, Ladies evening full body tone class, Blood donations, Active Bridge Club Facilities available for separate hiring include the Main Hall (with stage), the committee room, a lounge, kitchen, toilets and separate Annexe.		~	~	~		



Map Ref 7: Dunchurch Methodist Church, Cawston Lane, CV22 6QE	T: 01788 522444 E: jane.bookings@dunchurchsportsandvhall.co.uk Services: Sunday Morning 10.30 am			✓					
Map Ref 8: Bilton Grange, Rugby Road, Dunchurch, CV22 6QU	 Bilton Grange is an outstanding co-educational boarding and day school for ages 4-13 set in 90 acres of beautiful Warwickshire countryside. Design Technology and Science are taught by specialists in fully-equipped labs. Top musicians provide specialist music tuition and children can take part in a range of choirs and instrumental ensembles as well as drama productions in our fully equipped theatre. Swimming is taught in our 25m indoor pool and pupils can learn to play golf on our 9-hole course. Children can also engage in further sports like horse riding as well as adventurous training like Cubs and Brownies in our woodlands and beyond. T: 01788 810217 https://www.biltongrange.co.uk/ 	~			~	~			~
Map Ref 9: Cawston Spinney Woods, Dunchurch, CV22 7YJ	Woods							~	
MapRef10:WilloughbyVillageHall,MainStreet,Willoughby,CV238BH	Thursday Club - Meets monthly for people who like to enjoy life and have the time to do so. On the 2nd Thursday afternoon of each month we gather in the Village Hall to participate in activities which range from craft workshops and quiz sessions to talks on varied subjects such as travel , photography, gardening, local history, and steam trains. In June each year we have a garden party. Each month we also sample a pub lunch in one of the many pubs in the region, and we organise several trips out during the year.			~	✓	~			



	Women's Institute - Meetings are on the 3rd Thursday of the month in the Village Hall. Activities are all very friendly and informal.							
MapRef11:LeamingtonHastingsVillageHall,BirdingburyRoad,CV23 8DX	The Parish Hall is Available for events, private parties, seminars, concerts etc. Facilities: Large hall with stage, Well equipped Kitchen, Committee room, Disabled access and facilities, Large solid based car park Contact for booking Mr Pat Toole tel. 01926 632874 Weekly events:- Pilates Wednesday 9.15am Silver Surfers Friday 9.30am-11.30am - contact 01926 813603 Bowls Club, Long Mat Bowls during winter Oct- April - Wednesday 7pm Yoga Class Monday 11.00 - 12.15 Monthly events:- 60's Club - contact 01926 634349		~		~	~		
MapRef12:LeamingtonHastingsCOfESchool,BirdingburyRoad,CV238EA	We are a small infant school and nursery within easy reach of Rugby, Daventry, Southam, Leamington and Coventry, offering extended care from 7:45 a.m. to 6:00 p.m. E: admin3180@welearn365.com T: 01926 632359	~				~		~
Map Ref 13: The Birbury, Birdingbury Community Rooms, Main Street, CV23 8EL	Community meeting room. Ladies Circle : a monthly get together for the ladies of the village normally held on the second Tuesday of the month (excepting July & August) at 7.45 pm in the Birbury. A guest speaker, a cup of coffee and a good natter. Swap Shop: A weekly Saturday gathering at The Birbury at 10.30am. Please bring apples/pears/bits and pieces of produce/jams/chutneys – basically anything that you are keen to pass on to others – but most importantly, there's a cafetiere, some lovely cake, and a chance for a chat!			~	~		~	



MapRef14:BirdingburyClub,MainStreet,Birdingbury, CV23 8EL	Pizza Night, Open Mic Night, Trick or Treat and party games, Bonfire Night, Progressive Supper E: birdingburyclub@gmail.com			~				
Map Ref 15: Village Hall Committee, Broadwell Victory Hall, The Green, Broadwell, CV23 8HB	Broadwell Victory Hall is a beautiful village hall found in Broadwell, Warks. The Hall can be hired by individuals & businesses, starting from £6 an hour. Flower Show, Summer Fete, BBQ, Stalls, Tombola, Teas in the village hall, Skittles, Childrens' Stalls, Raffle, Pancakes, Bric A Brac, Auction of Produce, Childrens' Sports https://www.broadwellvictoryhall.org.uk/ E: info@broadwellvictoryhall.org.uk T: 01926 817967	~		~			~	
Map Ref 16: The Circles Network, The Penthouse, Coventry Road, Cawston, CV23 9JP	Community Groups, Youth Groups, horse therapy, adult and young people education		~		~	<		
Map Ref 17: Village Hall, Stretton-On- Dunsmore, CV23 9NA	 Frequently used for parties, quiz nights, fetes, wedding receptions and Christmas Fayres as well as for talks and stage performances by village organisations. Doubles as a polling station and is regularly used by groups such as the Bowls, Explorer Scouts, Macklin Dance Studio and the Baby and Toddler Group. T: 02476 544279 (Paul Whitby) 	<		~	~	✓		
MapRef18:KnightlowChildrensPartnershipLimited,HillCrescent,	Knightlow Children's Partnership Ltd is a children's day Nursery and out of School Club situated on the site of Knightlow Primary School in the picturesque Warwickshire village of Stretton On Dunsmore. Service Offered: Day Nursery (Privately Owned), Open all year, Full Day Care, Sessional Day Care	✓				✓		~



Stretton-On-							
Dunsmore, CV23 9NF	Age Range: from 0 years 3 months to 11 years 0 months						
	Opening Days: Mon-Fri						
	Opening Hours: 0800-1800						
	When Closed: Christmas						
	T: 0247 6543 751						
Map Ref 19 : Our Ladys Rc Primary	Primary School						
School, Leamington	Junior Art Club, Gardening Club, Computing Club, Basketball, Football,						
Road, , Princethorpe,	Imagineering						
CV23 9PU		•			•		•
	T: 01926 632385						
	E: admin3561@welearn365.com						
Map Ref 20:	Princethorpe College is a Catholic, co-educational, HMC independent day						
Princethorpe College,	school for around 900 pupils aged eleven to eighteen and welcomes						
Alban House,	members of all faiths and backgrounds.						
Coventry Road, CV23 9QF	Sports activities, School trips, Archery, Chess, Photography, The Duke of						
201	Ediburgh Award						
	T: 01926 634200						
	E: post@princethorpe.co.uk						
	https://www.princethorpe.co.uk						
Map Ref 21: Marton	New Year Celebrations, Willow Latern Workshop, Marton Village Show,						
Village Hall, Church	Marton Night Out, Police Crime Prevention Evening, Concerts, Aston						
Street, Marton, CV23	Memorial Day & Marton Motor Festival						
9RL							
	http://martonvillage.com/?cat=4						
Map Ref 22: Museum	On the first Sunday in June and every Sunday afterwards until mid-		ľ				•
Of Country Bygones	September, the museum will be open between 2.00pm and 4.00pm for						
Trust, Louisa Ward	casual visitors. Toilets are available on site every Sunday.						÷



Close, Marton, CV23 9SA	with lots of extra attractions – demonstrations of Wood turning/Spinning and Weaving/ Corn Dolly making/Rag Rugs etc. Open all day with homemade tea and coffee in the pavilion alongside the museum looking						
	over the countryside. The museum can be opened at any other time by appointment, we would be pleased to see you. Just use the contact details below. Admission is free but all donations gratefully received.						
	T: (01926) 632936 http://martonmuseum.co.uk/						
Map Ref 23: Binley Woods Village Hall, Rugby Road, Binley	Events include: Dance display & Social, Craft Fair, Children's Holiday Club, Film Night, Afternoon Tea, Computer Courses, AGM						 ~
Woods, CV3 2AX	T: 02476 542340 https://binleywoodsparish.wordpress.com/		•	•	•		•
Map Ref 24: Blue Bell Woods Day Nursery, Monks Road, Binley Woods, CV3 2BQ	Open : Monday to Friday 7.45am ~ 6pm Morning Session: 7.45am ~ 12.45pm Afternoon Session: 1.15pm ~ 6pm Closed: Bank Holidays and Christmas Week						
	Children are required to attend a minimum of two days/ half days per week.	~					~
	Baby Unit 2 ~ 5 Years						
	T: 02476 543785 E: bluebellwoodsdaynursery@gmail.com https://www.bluebellwoodsdaynursery.com/						
Map Ref 25: Binley Woods County	Primary School	✓			✓		✓
Primary School,	Sewing Club, Netball (KS2), Dodgeball (KS2), Running Club (KS2),						



Coombe Drive, CV3 2QU	Gymnastics Club, Choir, Hotshots Basketball, CCFC Football, Spanish Club, Drama Club T: 0247 654 3754 E: admin2626@welearn365.com								
Map Ref 26: Willow Wren Training, Nelsons Wharf, Rugby Road, Stockton, CV47 8AA	 Willow Wren Training is the leading canal based RYA and MCA approved training centre based at Nelson's Wharf on the Grand Union Canal in Warwickshire providing a range of waterways related training courses as we have for 23 years. Courses in: Boat Handling Training, Diesel Engine Maintenance, First Aid, VHF Radio, Fire Safety, Water Safety, Boatmaster Coaching and the renowned Steam Experience Day. Family days, Accommodation 9.00 to 5.00 Monday to Friday 9.00 to 12.00 Saturday T: 07970 770565 E: wwt@willowwrentraining.co.uk http://www.willowwrentraining.co.uk/default.html 	✓							~
Map Ref 27: Police Training Centre, Ryton-On-Dunsmore, CV8 3EN	The purpose of the College is to provide those working in policing with the skills and knowledge necessary to prevent crime, protect the public, and secure public trust. T: Tel: 02476 931010 Fax: 02476 639172					~			~
Map Ref 28: Ryton Organic Gardens, Ryton-On-Dunsmore, Wolston Lane, CV8 3ES	Ryton Organic Gardens is the perfect destination for anyone interested in seeing the principles and practices of organic gardening. Our inspirational demonstration gardens, based five miles from Coventry, provide the perfect chance for visitors to learn more about all aspects of organic growing. Step into our chemical-free world and experience the benefits of gardening in harmony with nature, see our Heritage vegetables growing throughout the seasons, spend time in our sensory garden, learn about organic gardening therapy projects, composting and much more. Ryton	~	✓	~	~		✓		~



	Organic Gardens is perfect for groups or families, large or small, young or old. Ryton Organic Gardens offers a great opportunity for an educational day out for schools in Warwickshire and the West Midlands. The practical experience in the great outdoors enhances school projects, bringing the curriculum alive as pupils learn through organic gardening and nature. At Ryton Organic Gardens we offer a wide range of innovative courses taught by renowned experts in organic growing and sustainability and have courses to suit all abilities. All of our courses are led by experts from Garden Organic and our partners. We have meeting rooms available for hire with extensive free parking, all in a beautiful central location within easy access of the motorway. We also offer on-site catering, projection equipment hire, free wi-fi and complimentary entry to Ryton Organic Gardens for all delegates. T: 024 7630 3517 https://www.gardenorganic.org.uk/ryton								
Map Ref 29: Ryton Village Hall, High Street, Ryton-On- Dunsmore, CV8 3EY	The hall, side rooms and kitchen are available for hire, by both local residents or external companies either on a regular basis for a meeting, club/activity or for a 'one-off' occasion such as a special celebration, birthday party or fund raising event. Parish Council meetings T: 02476 306489 or 07810 874976 E: villagehall@ryton-on-dunsmore.org.uk http://www.ryton-on-dunsmore.org.uk/village-hall/			~	~				
Map Ref 30: Ryton Pools Country Park, Ryton Road, Ryton-	Ryton Pools Country Park is a country park one mile south west of the village of Ryton on Dunsmore in Warwickshire, England. The park occupies an area of about 100 acres and contains four pools, the largest of which covers approximately 10 acres	✓				✓		✓	



On-Dunsmore, CV8 3BG	Tel: 024 7630 5592 Email: parks@warwickshire.gov.uk									
Map Ref 31: Wolston Leisure & Community Centre, Old School Fields, Manor Estate, Wolston, CV8 3PD	Sports and conference facilities are available for hire. The centre provides a range of fitness and wellbeing classes including yoga, pilates, walking football, zumba, mental relaxation. The Wolston Youth Project provides a variety of fun activities for aged 10 and over (Monday to Wednesday 7:00pm to 9:00pm) Tel: 02476 541212 Email: info@wolstonleisureandcommunitycentre.co.uk	~	~	~	~	~	~		>	~
MapRef32:PenderelsTrust,TheHall,Wolston,CV83FZ	Independent Living Provider - Direct Payments. Our service portfolio has grown to meet the changing needs in the market and we now offer PA Finder (online PA registers), appointeeships, deputyships and personal health budget support in addition to our direct payment support services.							~	~	
Map Ref 33: Wolston Library, Wolston, CV8 3GX	 What is offered: books, talking books, large print, feature and children's DVDs, Books on Prescription collection – mental health self-help books, eBooks and CDs., Sorted! book collection (help for children, young people and parents with common problems and situations), Micro:bits for loan (start coding with tiny programmable computers, for over eight year olds), computers with printing and scanning (printing is A4 black & white, and colour), WiFi, photocopier (A4 black & white, and colour), fax service, local studies and family history service, UK Online Centre, public toilet, baby changing facilities. Groups and Activities: Rhyme Time – songs and rhymes for 0-2 year olds and parents and carers. Wednesdays, 14:30 – 15:00. Lego Club – creative themed sessions for children to build and create with Lego. Saturdays, 11:00 – 12:00. Please book in advance with Eventbrite. Silver Surfers – free computer and tablet drop-in help sessions for people aged 50 plus. Mondays, 14:30 – 17:00. Please book in advance. Open : Monday 14:30 – 17:00, Tuesday 14:30 – 17:00, Wednesday 14:30 – 17:00, Thursday 10:30 – 13:00, Friday 10:30 – 13:00, Saturday 10:30 – 	~	~	~	~				>	~



	Library services for Warwick are also available by telephone – 0300 555 8171: Monday to Friday: 08.00 – 18.30, Saturday: 09.00 – 13.00 T: 0300 555 8171 https://www.warwickshire.gov.uk/wolstonlibrary							
Map Ref 34: 1St Wolston Scout Group, Scout Hut, Dyers Lane, Wolston, CV8 3HE	There are fun and exciting activities and opportunities in each of the five sections: Beavers (ages 6–8) Cubs (ages 8-10½) Scouts (ages 10½–14) Explorer Scouts (ages 14–18) Activities are a crucial part of Scouting and essential when providing an exciting, rewarding and memorable experience for young people. As well as being challenging physically, our activities help young people set and achieve goals and grow in confidence. We offer hundreds of activities, including kayaking, abseiling, staged performance, paragliding, and archery. With Scouts, young people also get the chance to develop skills in IT, PR and mechanics. There's something for every young person, whatever their ability.	~			>	~		
Map Ref 35: Wolston St Margarets C Of E Primary School, Main Street, Wolston, CV8 3HH	Primary School, Swimming, World Peace Day, Wear it Pink Day and Macmillan Coffee Morning, School Photographer, Rad Safety Visit, School Trips T: 024 76 542212 E: admin3192@welearn365.com http://www.wolstonprimary.org.uk	~				~		~
Map Ref 36: Brandon And Wolston Village Hall, Main Street, Wolston, CV8 3HJ	Activities Mondays: Partner Whist 1st and 3rd weeks 14:00, American Square Dancing 20:00 Tuesdays: Tiddleywinks for Mums and babies under 3 yrs 09:15, Bingo with raffle 20:00 Wednesdays: Short Mat Bowls - everyone welcome - help given to	~		~	~	~		



	beginners. Flat shoes must be worn. 14:00 - 16:00 Thursdays: Parish Council meeting every 1st Thursday 19:30, Women's Institute every 2nd Thursday 20:00, Garden Club every 3rd Thursday (membership required) 19:30, Liberty Club every 4th Thursday ??:?? Fridays: Watercolour Painting classes for every level 10:00-12:00 Saturdays: Sequence Dancing on 1st Saturday of the month starting 19:30						
	http://www.wolstonvillage.co.uk/Village_Hall_3381.aspx						
Map Ref 37: Leam Valley Golf Centre, Southam Road, Kites Hardwick, CV23 8AA	Covered 14-bay driving range for all-weather practice, with a simple cafe for breakfast and lunch Tel: 01788 522765				~		
Map Ref 38: Draycote Water, Kites Hardwick, CV23 8AB	Activities include cycling, walking, bird watching, watersports and fishing. Visitor centre open everyday (except Christmas day) Nov-Jan 10am - 4pm, Feb/March/Oct 10am-5pm, April-Sept 10am - 6pm) Tel: 01788 811107 Email: draycotewater@severntrent.co.uk	~			~		
Map Ref 39: BrandonMarshNatureReserve,BrandonLane,Coventry,CV33GW	Brandon Marsh Nature Reserve is set in 220 acres and features a wide variety of large pools, bird hides, woodland walks and wildflower meadows. Tel: 024 7630 2912 Email: enquiries@wkwt.org.uk	✓			~		✓



APPENDIX B - NOTES FROM RUGBY RURAL SOUTH STAKEHOLDER EVENT

Wednesday 8th January 2020 Venue: Wolston Leisure and Community Centre

Please note that the stakeholder event was attended by individuals who represented some of the areas and organisations within Rugby Rural South. Invitations were sent to a wide range of individuals and organisations, but attendance was not representative of all areas, ages and interests.

Table Top Discussion 1

What are the health and wellbeing assets in the area?

- Wolston Community and Leisure Centre
- Wolston Youth Club
- Most have Village Halls Thurlaston, Dunchurch, Stretton, Ryton, Binley, Grandborough
- Dunchurch library
- Ryton connections? Used to be a leisure centre
- Leam valley golf course/driving range
- Draycote water park
- Dunchurch walking groups ?
- Community room for residents of Tanser Court independent living
- Primary schools
- The Grange Primary School
- Princethorpe secondary private school
- Ryton Organic Gardens
- Ryton Pools
- People, community, staff in local organisations, volunteers
- WI, Churches, scouts, parent toddler groups, sports clubs, green spaces, woodlands Brandon Marsh
- GP services/pharmacy services connected
- Walking routes
- Cyclists former railway lines
- Mobile Libraries
- Warwickshire fire and rescue home visits, fire safety, hospital to home
- Libraries
- Cricket/rugby clubs
- Carers trust outreach sessions and home visits
- Parish Councils



What are the gaps in provision and services?

- Housing growth in Dunchurch
- Wolston and Ryton are growing
- Main rural settlements will take on some of the growth which it hasn't traditionally done
- Dunchurch a lot of independent living
- Independent living across the area
- Transport Issue Stretton hilly for older/disabled people to access activities in the villages. concentrated along main streets in villages, hubs of villages. Some additional services have been put on to address this. Not so much of an issue for people travelling to GPs, more an issue for people travelling to hospital and losing care as a consequence. A particular need for transport during visitor times. Potential for exclusion of certain parts of the population due to lack of transport.
- Services for children and young people
- Services for parents/young parents/young dads
- No state secondary schools in the area
- PIP payments spend access services
- Heating issues in Leam Valley is it still an issue? Act on Energy
- Broadband??
- Appointments at UHCW (stressful to access, getting there)/ Overloading A and E/ Lack of hospital services in Rugby
- Services for early years Loss of Children's Centres
- Scarcity of Health Visitors
- Mental health access to care limited and slow for children, lengthy waiting lists for adults. IAPT good, but model of delivery, i.e. group work has limitations. People don't like being referred, instead they prefer drop in provision.
- Rural isolation, big issue, reflection of people's busy lifestyles.
- Structured pre-school facilities.
- Capacity for school places competition for these.
- Facilities for children, link to overweight/obesity rate.
- Access to special schools limited places ad waiting lists.
- Care for stroke patients
- Rehab beds
- Carers support (particularly hidden)
- Fuel poverty
- Community Nursing/carers travel and time for appointments hard to appoint
- Dementia



- Alcohol/substance misuse
- County lines
- Change in how we live not safe for children to grow and develop
- Emergency medicine Coventry
- Transient workers (JLR etc) no links
- Traffic congestion/air quality
- Road safety for walkers/children/exercise
- Impact of wood burning stoves

What should be prioritised?

- Large traveller community 19 council owned traveller pitches and loads of private
- Health care/support for children and young people
- Mental health services for young people
- Parenting groups
- Need to incorporate health and wellbeing needs in the planning process for new housing development.
- Consideration of non-acute health services, e.g. health visitors.
- Education provision matching development in the area.
- Youth services
- Community Nurses/Carers
- Air Quality (Dunchurch)

What community-based solutions can we use and develop to address the above

- Warwickshire Rural Community Council Dial a ride/back and forth scheme and Rugby Transport
- Support/sign posting to access green spaces
- Sign posting for activities to community activities
- Information/awareness raising of benefits available and support to access benefits.
- Means to transport people between smaller villages and larger villages.
- Good Neighbourhood Schemes
- Village lunch clubs, coffee mornings
- Community use of pubs
- Pop-up dementia café
- Little bit of funding to initiate and then self-sustaining.
- Hospital to home



- Community support/befriending
- Flexible patterns for carers/nurses
- St Cross Rehab
- Programmes like young firefighters
- Mentors
- Job opportunities
- Use schools and churches out of hours

TABLE TOP DISCUSSION 2

Theme: Mental Health

At risk:

- Elderly communities
- Mobility
- Young health
- Retired men widowers
- retired
- Young People
- Transient workers /lack of family support community links
- Occupational mental health prepared for retirement

Provision/Assets:

- Lack of provision for young people
- Transport access to services
- Wolston, sports connection, churches, community libraries, village halls, pubs
- Mental health services directory
- Long Lawford church coffee morning guy is there with his laptop to support
- Long Lawford youth group

Future planning/needs:

- Volunteering stable workforce
- Community transport
- Lack broadband
- Skills to access online limited potentially due to older population
- Childcare -impacts on options to volunteer
- Transport
- Accessible/cost activities



- Men in Sheds run at Brownsover/Claremont option to use skilled people who are
- Brinklow garden maintenance
- Mental health first aid training in the workplace for men in the workplace engage men in the barber shops
- Broadband speeds are being improved? Leam Valley and Dunchurch
- Access to care

What can be put in place?

- Time banking
- Good neighbouring
- Asking the community what they want to tackle these issues
- Transport to access services
- Support group for people who have been through MH services community mentoring
- Support domestic violence drops are in the town making them accessible
- Outreach provision
- Community online/phoneline
- Men WI e.g. Ryton have a WI talk about their MHW WI need to open to men
- Pubs community pubs

Theme: Young People's Health and Wellbeing

Issues and needs

- Timely and appropriate intervention GP/Hospital (barriers such as finance/transport)
- Use of A and E as GP surgery due to lack of appointments/availability
- Cultural considerations people with ESOL and their understanding of the system and support with ESOL
- Accident prevention targeted support for families/parenting skills and knowledge
- Understanding causal factors those in most deprived circumstances at the most risk?
- Accessibility for young people/encourage young people to engage in services
- Parental support for mental health to reduce the impact on the child
- Limited services for child, young people and families to support issues associated with post-natal depression, new parents



Action Planning

- Dedicated children/young person's GP
- Technology mobile data Whatsapp, etc.
- Community focused provision
- Signposting families and young people to services
- Using third sector organisation to support children and young people partnership working/collaborative working
- Peer support services for parents of young people engage with those with similar experiences/support networks
- Community circles/good neighbour schemes

Theme: Health needs and access to health services for an older population

- Transport.
- Awareness, e.g. around where blood tests are carried out. Some surgeries not taking blood.
- UHCW hospital parking, park and ride system?
- Parking at local surgeries.
- WCAVA Medical Transport Service cost, availability of volunteers
- Importance of maintaining facilities at St. Cross.
- Ensuring new community facilities incorporate space for clinics.
- Digital access, ensuring digital connectivity
- 111- important
- Extended hours in GP practices, e.g. evening appointments
- Extended access
- Large amounts of development, much of which will be aimed at older people, although acute needs are considered there's often a delay in provision.
- Primary Care Networks applying for funding for growth.
- 5-year Health and Social Care Plan good, but practical delivery plan of this will need simultaneous change.
- WFRS Home from Hospital Service

Theme: Mental Health, loneliness and Social Isolation

Who is at Risk?

- Elderly
- Mobility



- Young mothers
- Retired men/widowers lack of links
- Transport access cost and availability
- Transient workers without community links
- Domestic violence
- People entering retirement
- Young people

Provision

- Men's sheds
- Use of skilled people in retirement (Brinklow footpaths, gardening and handy people)

Assets

- Long Lawford Methodist coffee and job club
- Wolston
- Sports Connexion
- Schools and churches
- Community library Dunchurch
- Village halls
- Pubs
- WCAVA mental health directory
- Springfield mind mens mental health

Needs

- Transport
- Online access with support
- Broadband infrastructure
- Volunteers
- Childcare
- Carers
- Family network
- Support to access mental health reduced waiting!
- Support groups once provision ends i.e. session 8
- Outreach
- More pubs
- Capacity and skills of professionals to listen
- Men's equivalent of the WI



Options

- Volunteering
- Community transport

Community Response

- Timebanking
- Volunteering
- Good neighbours
- Community engagement and outreach i.e. ontrack
- Tower hamlets/Bromley by bow social prescribing
- Digital group support that engages youth



APPENDIX C – RUGBY RURAL SOUTH JSNA CONSULTATION RESULTS

Background

Two surveys, one aimed at residents living in Warwickshire the other aimed at professionals working in Warwickshire were launched on 1st June 2018. A download of responses was taken on the 8th January 2020 and forms the basis for this analysis.

PROFESSIONALS SURVEY

There were a total of three respondents to the survey who stated that they worked in the Rugby Rural South JSNA area and 19 who stated they worked in all areas of Rugby Borough, including in the Rugby Rural South JSNA area: eight from the NHS, six from the third/voluntary sector, three from Warwickshire County Council, three from other public sector, two from schools, and one respondent the private sector. Figure 1. summaries the priorities selected for improvement for specific age groups.

Figure 1. Professionals: priority area for improvement

Age Group	Priority 1	Priority 2	Priority 3		
Parent & Infant	Initiatives to support and reduce people living in poverty (e.g. access to Free School Meals, employment)	Mental health and wellbeing	Healthy lifestyles (e.g. be active, eat healthy, stop smoking)		
Children and young people (5- 17 years)	Initiatives to support and reduce people living in poverty (e.g. access to Free School Meals, employment)	Mental health and wellbeing	Healthy lifestyles (e.g. be active, eat healthy, stop smoking)		
Working age (18- 64 years)	Employment and skills	Mental health and wellbeing	Substance Misuse (e.g. alcohol, drugs)		
Older People	Support for those with long-term health conditions	Mental health and wellbeing	Community activities and opportunities to develop social networks		
All ages	Mental health and wellbeing	Community activities and opportunities to develop social networks	Support for carers		

When asked, in their experience of working in the Rugby Rural South JSNA area, to rank the top three potential barriers to improving health and wellbeing of the local population, 'lack of funding' was selected by 13 (59.1%) respondents. The next most commonly selected potential barrier was lack of knowledge to improve health and wellbeing (n=12, 54.5%)

Three respondents also left a comment to this question:

• "I have a large number of patients who are struggling with their mental health who are not suitable for IAPT. I have been told that the funding in Rugby has been removed for Domestic



Abuse Counselling and Bereavement Counselling Service. We also have no access to Psychology. As many of my patients cannot fund private counselling, they are not getting the support they need to make improvements. This is also resulting in patients coming to see me longer than should be necessary. Also, some of the services are only available to certain client groups, where other clients would benefit from similar support, e.g. Age UK counselling and the take a breath programme. One of the biggest issues I have is it is difficult to keep up with what is currently available. I have referred patients only to find funding has been pulled and the patient is then disappointed"

- "There needs to be quicker access to services that provide support for mental health for parents and children under 5"
- "Support navigating universal credit and appealing when disability support is withdrawn"

RESIDENTS SURVEY

There were 39 responses to the consultation survey by local residents living in the Rugby Rural South JSNA area. Analysis of responses from residents living in the Rugby Rural South JSNA area follow.

Profile of respondents

The majority of responses were from females (n=19, 23.1%) with 17 (43.6%) responses from males. Furthermore, three respondents preferred not to answer (Figure 2).



Figure 2. Respondents by gender and age group

Of the 39 responses received, almost half (n=18, 46.2%) were from households described as Couples (Married/ Civil Partnership/ Cohabiting/ Other) without children (Figure 3).

The majority of respondents categorised themselves as White - English/Welsh/Scottish/Northern Irish/British (89.7%, n=35). The remaining respondents were White Irish (n=1) and those who preferred not to answer (n=3). Just over half of respondents (51.3%) were Christian (n=20) and one stated they were Jewish. The remaining respondents said they had no religion (33.3%, n=13) or preferred not to answer (4%, n=5).



Just 15.3% (n=6) said they had a long-standing illness. The majority of respondents stated they were heterosexual/straight (87.2%, n=34). More than a third of respondents (41.0%, n=16) described themselves as an employee in a full-time job (Figure 4).

Figure 3. Percentage of responses by household type



Figure 4. Percentage of responses by employment status



Health & Wellbeing

Residents were asked which they felt were priority areas for health and wellbeing in their local area. They were given a variety of options and were able to select each that applied (Figure 5).

The five responses that had the highest percentage of responses were:

• Access to health services (77%, n=30)



- Parks and green spaces (67%, n=26)
- Access to transport (56%, n=22)
- Opportunities for physical activity (54%, n=21)
- Promoting mental health and wellbeing (51%, n=20)

Figure 5. Percentage of respondents choosing the listed areas as a priority for health and wellbeing in the local area



Local area/local community

Residents were asked to identify the top 3 things they valued about the local area/local community which supports positive health and wellbeing (Figure 6).

Figure 6. Responses to the question "What are the top 3 things that you value about the local area/local community which support positive health and wellbeing?"





Green space/outdoor facilities were listed by the most respondents (71.8%, n=28) as being one of the top three things they valued about the local area which supported positive health and wellbeing with 18 respondents respectively ranking this as the thing they valued most. Safe cycle/walk routes was the next most common response with 51.3% (n=20). Social networks was valued by the fewest number of respondents (by just 1 respondent).

Improving health & wellbeing in the local area

A further open text question was asked what 3 things could be better in your local area to improve health and wellbeing. Areas for improvement that were mentioned most frequently were:

- Public transport / traffic improvements / road(side) maintenance
- Improvements to and increased number of local community facilities/amenities/venues
- Information/promotion of local activities which support health and wellbeing
- Access to health services (GP, dentist etc.)
- Opportunities for physical activities
- Crime/community safety

Residents were also asked what local activities/events they would like to see in the area. Activities that were mentioned most frequently were:

- Neighbourhood projects/village get togethers (e.g. local litter picks, community days/events)
- Wider choice of local clubs (e.g. singing, gardening, craft groups)
- Facilities/activities/provisions for young people
- Exercise opportunities (classes, clubs, local running/cycling events, outdoor gym equipment)
- A Wellbeing/Health Fair
- Mobile library, post office, local shop
- Recycling
- Police presence/community safety events

