

# Occupational Therapy Moving and Handling People Risk Assessment

Adult Social Care system and process guidance and procedures

Version: 1.1

Date Issued: May 2020 Team: Adult Social Care Protective Marking: Internal



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<u> Important: Please read Workaround Guidance 10 (Mosaic Notes)</u> before reassigning this form.

# Occupational Therapy Moving and Handling People Risk Assessment

The Occupational Therapy Moving and Handling People Risk Assessment must be used in all cases where:

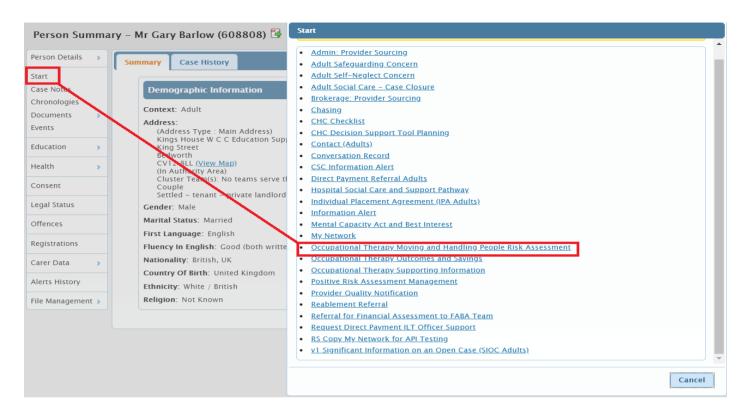
- The person has transfer difficulties to the extent that moving and handling (M&H) equipment is required, or *considerable* physical support of another person (or persons) is being used, and;
- Transfer difficulties are not resolved with other methods tried, using an incremental approach (e.g. raising furniture / fitting rails)
- Physical assistance is being used as an alternative where transfer equipment would normally be recommended (e.g. in a positive risk taking situation where an informal carer might be lifting the person and intends to continue this without lifting equipment).

Once the form is opened, you MUST complete each section of the form.

All three of the Occupational Therapy supporting forms can now be found in the Start menu of Mosaic.

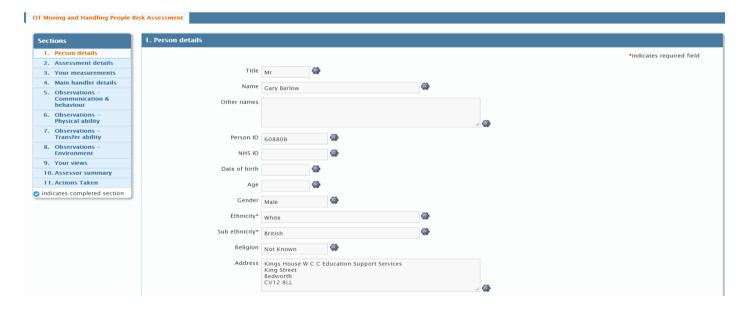


Once you have the correct customer's Mosaic record, open the Start menu and select Occupational Therapy Moving and Handling People Risk Assessment.



Once the form is opened you MUST complete each section of the form.

# Section 1. Person details





#### Is the customer in 24 hour care?

Select 'Yes' or 'No'.



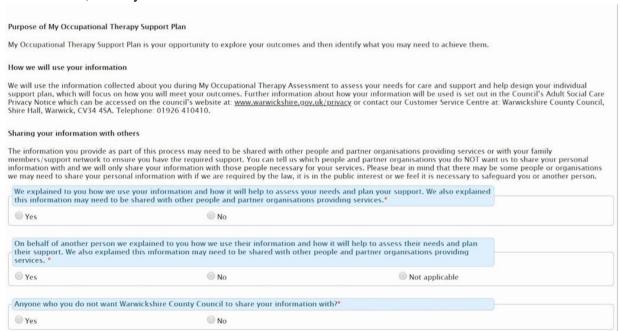
# Information use and sharing

In this section you will discuss the purpose of the Occupational Therapy Support Plan and how the customer's information will be used or shared.

This information has been updated, taking into consideration our General Data Protection Regulation (GDPR) responsibilities, and MUST be completed.

You MUST discuss the information and the 3 questions with the customer, even if they have reduced capacity. There is also an option to record that the information has been discussed with a representative.

Good practice – You should always try to involve the customer even if it is likely they will not understand, or fully understand.



Note: If you select 'Yes' for 'Anyone you do not want WCC to share your Information with?' this information MUST be added to the customer's record so that the information can be clearly seen on the customer's Mosaic Person Summary screen, under the heading 'Information Sharing Restriction' in the notes section.

#### **Health conditions**

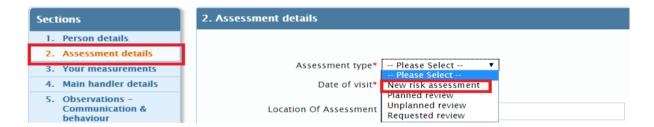
Any health conditions already recorded in Mosaic will pre-populate this section.



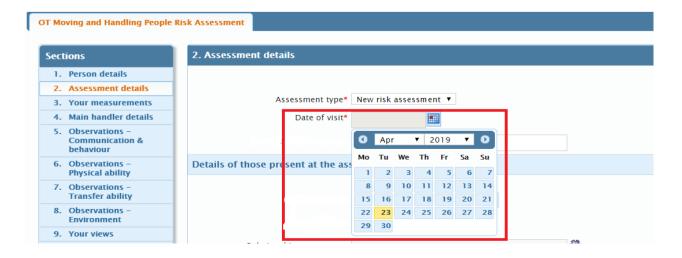
# Section 2. Assessment details

Select the appropriate option:

- New risk assessment only use for customers who would not have an ongoing review (e.g. stand and turn equipment).
- Planned review use for all ongoing planned moving and handling reviews that are booked in as scheduled.
- **Unplanned review –** use for all customers who have a planned OT review, but require an urgent / priority allocation rather than wait for the planned review date.
- Requested review only use for customers who are having their first moving and handling review with Warwickshire County Council Occupational Therapy following a referral from NHS Occupational Therapist.



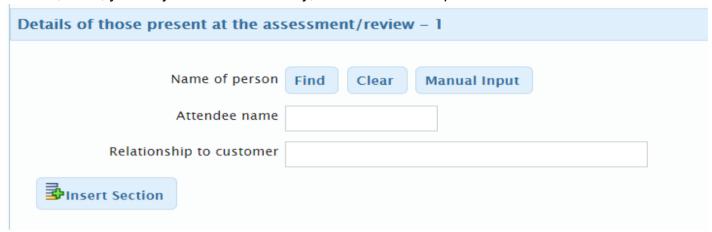
Once you have selected the Assessment type from the drop down list, select the date of visit using the date calendar.



# Details of those present at the assessment / review

This is where you record who was present at the assessment.

**Good Practice** Wherever possible, the person/s present should have already been created on Mosaic; if not, you may add them manually, via the 'Manual Input' button.



#### Assessor's details

This section will be pre-populated with the name of the practitioner who opened the form.



# Section 3. Your measurements

This is mandatory and must be completed in all moving and handling risk assessments to ensure safe working load of equipment and for carers to manage when moving and handling is recorded and considered.



#### Additional information

Use this section to add any relevant notes. For example, if weight is estimated, note who has provided this information. Clothing size might be an additional way to provide some information that would give an indication of stature.

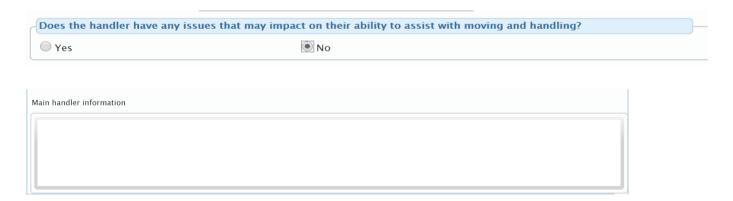
# Section 4. Main handler details

Good Practice Wherever possible, the person should have already been created on Mosaic; if not you may add them manually, via the 'Manual Input' button.



#### Handler issues that may impact on ability to assist with moving and handling

You MUST select 'Yes' or 'No'.



#### Main handler information

Add relevant information about the person(s) supporting the customer's moving and handling tasks. Identify what the issues are if 'Yes' was selected and provide evidence to show that there are no issues if 'No' was selected

#### Example (if answer is 'Yes')

Mr Sharma supports Nina to get out of bed and to her wheelchair every morning and from wheelchair to bed every evening. He has been lifting her, and has recently been experiencing significant back pain. He had an x-ray a few weeks ago confirming he has a slipped disc in his spine, and has been advised not to continue lifting as he has been.

#### Example (if answer is 'No')

Agency Amber support all transfers when they visit. The agency provide moving and handling training to all of their carers, so all carers should be familiar with the use of standard moving and handling equipment such as hoist and slings.

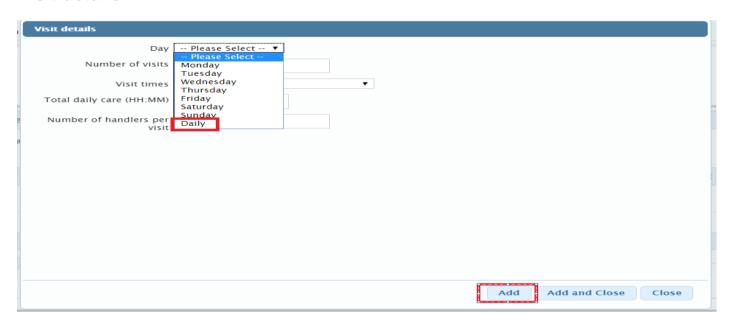
If the customer has both formal and informal care and there are issues with one or the other, select 'Yes' and provide information about any issues.

### Formal care arrangements

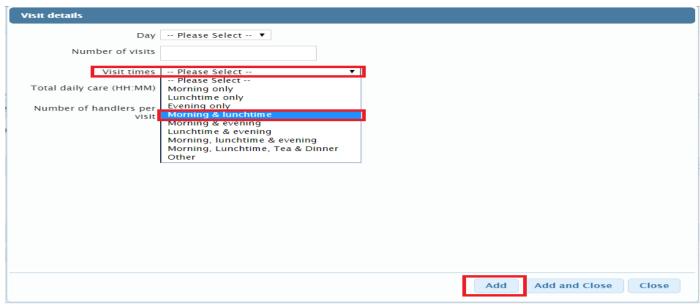


Note: You MUST select the 'Add' button to be able to complete this section.

#### Visit details



Select the information from each of the drop down boxes as required - then select 'Add'.



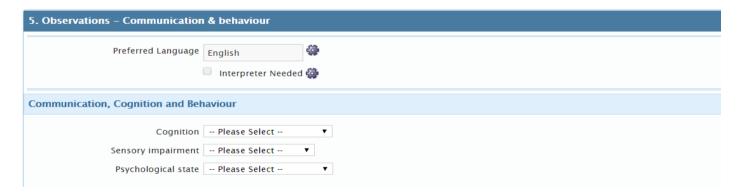
Select the information from each of the drop down boxes as required - then select 'Add'. Continue as required.

#### 24 hour care

Select which type of 24 hour care is being provided.

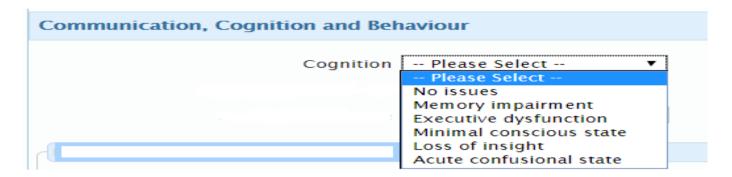


# Section 5. Observations - Communication and behaviour



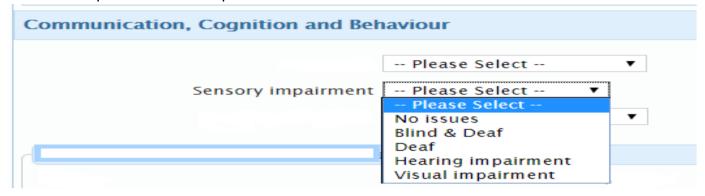
# Cognition

Select one option from the drop down box.



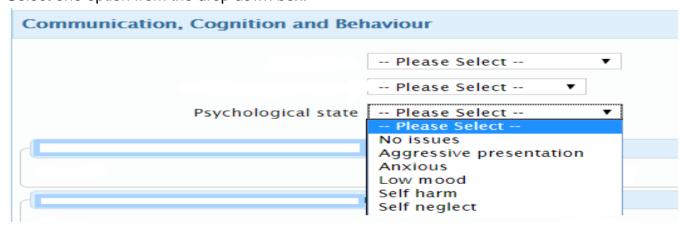
### **Sensory impairment**

Select one option from the drop down box.

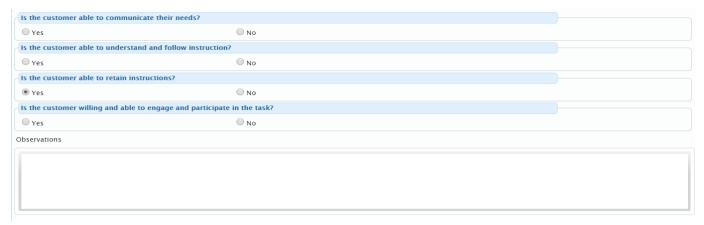


# **Psychological state**

Select one option from the drop down box.



You MUST select either 'Yes' or 'No' to the following 4 questions. If you have answered 'Yes' you MUST record what you have observed in the Observations box. (See example below)

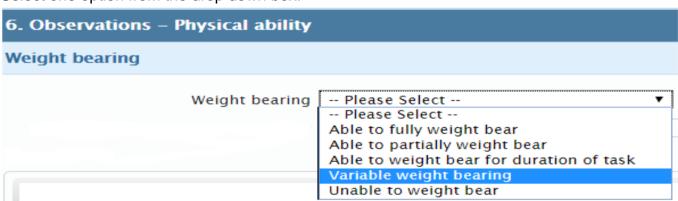


#### **Example**

Mary does not communicate verbally, however is able to express her agreement or disagreement through a thumbs up for 'yes', and moving her head side to side for 'no'. If she is not in agreement with what is being said she will raise her hand to prompt the discussion to stop. Through asking questions that can be answered 'yes' or 'no' and giving Mary time to respond, it is possible to establish how Mary would prefer to be supported.

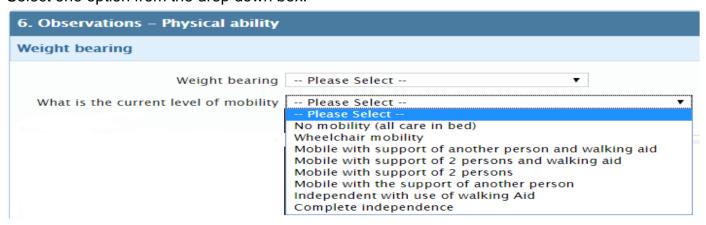
# Section 6. Observations - Physical ability

Select one option from the drop down box.



# Weight bearing

Select one option from the drop down box.



#### **Observations**

You MUST record what you have observed in the Observations box. (See example below)



Give *brief* information to explain the drop down selection.

#### **Example**

I observed Magda to move around her home independently in her self-propelled wheelchair. I observed that Magda could pull herself up to stand and maintain a standing position using an Etac turner for approx. 2-3 seconds before she began to express feeling weak and unsteady and wanting to sit back down.

#### **Falls**

Select one option from the drop down box.



# Falls risk assessment required?

Select 'Yes' or 'No'.



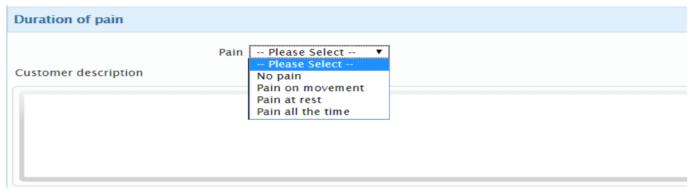
In many moving and handling cases, the likely answer will be 'No'.

If 'Yes', provide additional information where / how this will be recorded (e.g. part of 'My OT Assessment' or 'Moving and Handling Risk Assessment').

#### **Example**

Magda has fallen whilst transferring with the Etac turner recently. As falls are linked with transfer ability, falls risks will be considered as part of the moving and handling risk assessment.

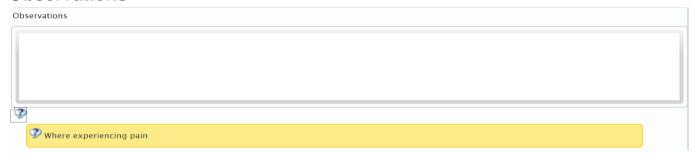
# **Duration of pain**



#### **Example**

Gloria shared 'I have dreadful pain in my knees when I stand up, or if anyone touches them'.

#### **Observations**

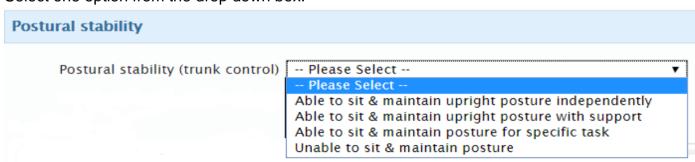


#### **Example**

I observed Gloria moving to a standing position from seated in her armchair. There were clear indications of pain on her movement from seated to standing, apparent through her facial grimace.

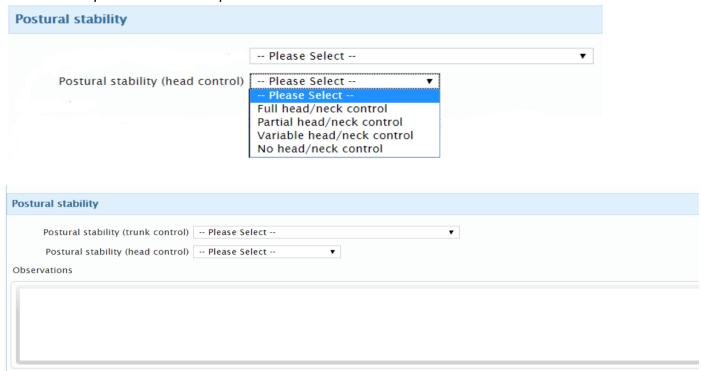
# Postural stability (trunk control)

Select one option from the drop down box.



# Postural stability (head control)

Select one option from the drop down box.



#### **Observations**

Provide any additional observations that assist description of the person's functional ability if / as required.

#### **Example**

I observed Dariusz to initially achieve and maintain a good upright seated posture in his armchair after he had sat down, but after about 30 minutes he had begun to lean slightly to the right in his chair. He was able to correct his position using the arm support of the chair, but shared he does get tired and finds he regularly starts to lean over to the right when seated.

# Range of movement, strength, muscle tone and sensation



Add relevant information to describe the person's range of movement, strength, muscle tone, sensation.

#### **Examples**

- **Right upper**: Asha has full range of movement in her upper right limb, and good hand grip.
- **Left Upper**: Jane has limited range of movement in her upper left limb and cannot move her arm above shoulder height. Her left hand grip is weaker and she has less dexterity in her left hand than her right, but she can still grasp larger items, such as a grab rail.
- **Right lower**: Charlotte's right knee joint causes her a great deal of pain, and she is unable to completely straighten her right leg due to the severity of this pain.
- **Left lower**: David has no sensation in his left foot so would not be able to highlight if his foot became trapped/knocked during moving and handling tasks.

#### Muscle co-ordination / involuntary movements

Select one option from the drop down box.



#### **Observations**

Record any involuntary movements that the person makes, and if any pattern/predictability with these.



#### **Example**

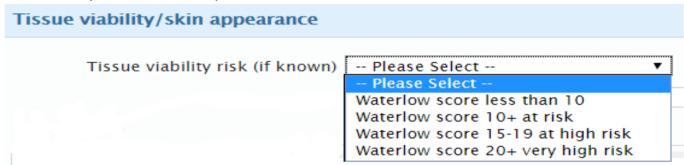
Eve has tonic clonic (grand mal) seizures during which she is unresponsive and will drop to the floor from standing or seated, and begin fitting with very little warning. She reports she has these seizures approximately 4-5 times annually, typically at night when she is in bed. She also has partial (absence) seizures (approximately 2 a month). These last between 2-3 minutes each, and during a partial seizure she is not able to respond to conversation/prompts. but does maintain a safe seated position well throughout.

Note: To enter more sections select 'Insert Section'.

# Tissue viability /skin appearance

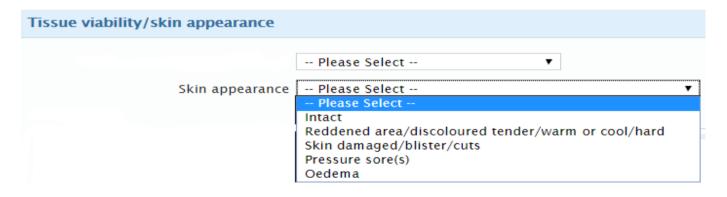
#### Tissue viability

Select one option from the drop down box.



# Skin appearance

Select one option from the drop down box.



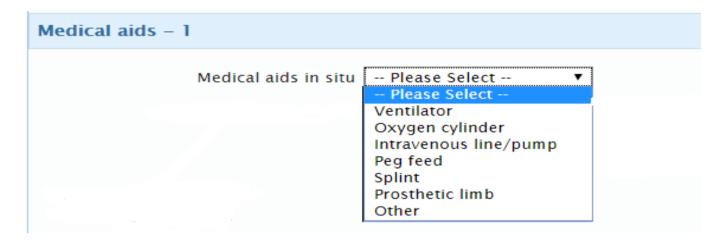
#### **Observations**



If a pressure sore grade is known, note here. Add any other relevant information about the location of noted skin appearance, or tissue viability concern on the person's body.

#### Medical aids

Select one option from the drop down box.



#### Additional information

Complete this text box, relating to each medical aid that the customer uses.



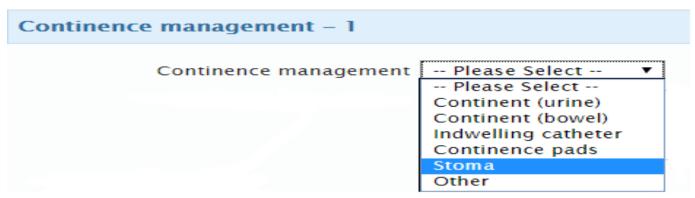
#### **Example**

Medical aids in situ: Prosthetic limb

Additional info: lan wears a prosthetic leg (below knee) on his right side. He wears this during the day and removes it overnight. He is able to fit and remove this himself.

#### **Continence management**

Add any / all that are applicable



Note: To enter multiple continence aids select 'Insert Section'.

#### Additional information



#### **Example**

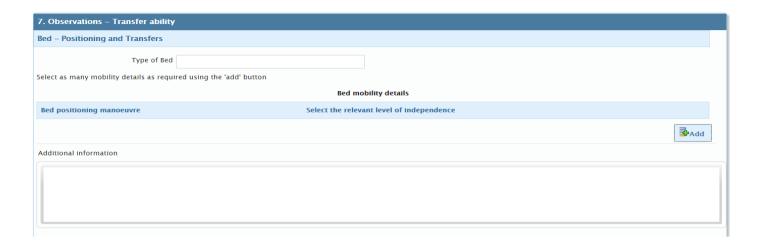
Adam wears continence pads. He is able to anticipate the need to visit the toilet for both bowel and urinary continence, but cannot always get to the toilet in time, so uses pads to assist managing his continence at the moment.

# Section 7. Observations - Transfer ability

# Bed - positioning and transfers

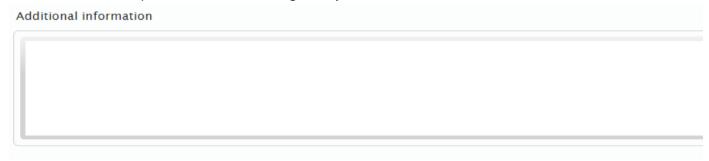
**Type of Bed:** Please give specific description, including if a hospital bed from stores (Cura II, Minuet II).

**Bed mobility details:** Add all manoeuvres that are completed by / with the person. Complete as if there is no transfer / moving and handling equipment in place.



#### Additional information

Only add if required. The person's ability should be mainly described in the manoeuvres section. Use this box if the person has fluctuating ability.



# Chair - positioning and transfers

Type of chair: details of usual home seating in use.

**Chair positioning**: Add **all** manoeuvres that are completed by / with the person. Complete as if there is no transfer / moving and handling equipment in place.



 → Note: To add multiple mobility types select 'Add'.

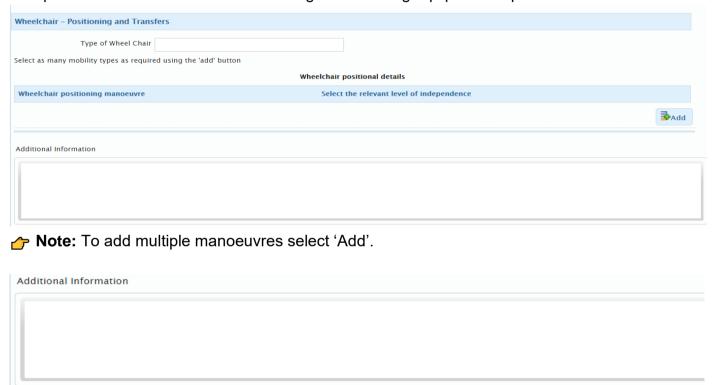
#### **Additional Information**

Add relevant measurements for chair. Only add transfer information if required. The person's ability should be mainly described in the manoeuvres section. Use this box if the person has fluctuating ability.



# Wheelchair - positioning and transfers

**Type of chair:** details of person's wheelchair in use. Write 'none' or 'not applicable' if not used. **Wheelchair positioning details:** Add **all** manoeuvres that are completed by / with the person. Complete as if there is no transfer / moving and handling equipment in place.



#### **Additional Information**

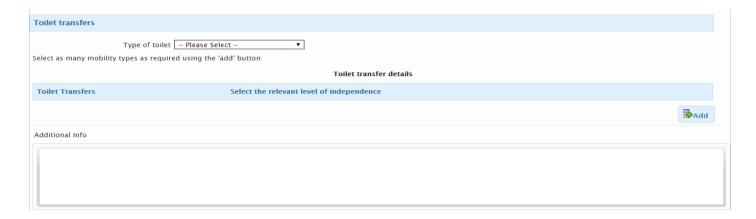
Add relevant measurements for wheelchair. Only add transfer information if required. The person's ability should be mainly described in the manoeuvres section. Use this box if the person has fluctuating ability.

#### **Toilet transfers**

Select required option from the drop down list.

**Toilet type:** select from drop down.

Add **all** manoeuvres that are completed by / with the person. Complete as if there is no transfer / moving and handling equipment in place.



Phote: To add multiple mobility types, select 'Add'.



#### **Additional Information**

Add relevant measurements/details for toilet/commode. Only add transfer information if required. The person's ability should be mainly described in the manoeuvres section. Use this box if the person has fluctuating ability.

#### Stairlift transfers

Add **all** manoeuvres that are completed by / with the person. Complete as if there is no transfer / moving and handling equipment in place.



Additional Information		

#### **Additional Information**

Write 'Not applicable' if there is no stairlift in situ. Add relevant measurements/details for the stairlift. Only add transfer information if required. The person's ability should be mainly described in the manoeuvres section. Use this box if the person has fluctuating ability.

#### Shower and bath transfers

Bath/shower type: select an option from the drop down menu.

Add **all** manoeuvres that are completed by / with the person. Complete as if there is no transfer / moving and handling equipment in place.



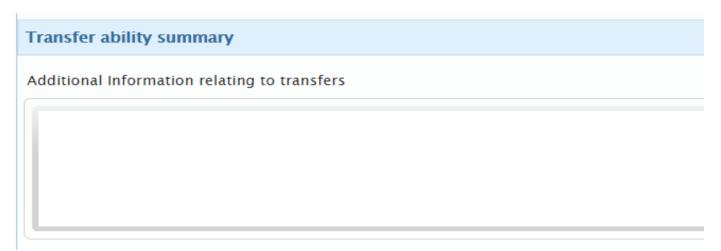
→ Note: To add multiple mobility types, select 'Add'.



#### **Additional Information**

Add relevant measurements/details for bath/shower equipment. Only add transfer information if required. The person's ability should be mainly described in the manoeuvres section. Use this box if the person has fluctuating ability.

# **Transfer ability summary**



#### **Additional Information**

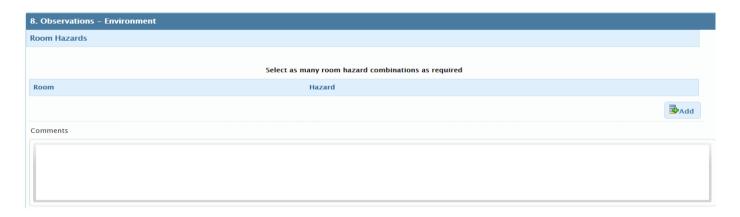
Add any information that might assist overall risk assessment not already covered in other areas.

# **Section 8. Observations - Environment**

Add all that are relevant / apply.

#### **Room hazards**

Add all that are relevant / apply.





#### **Example**

The property has thick pile carpet throughout, which means movement of any wheeled equipment generally requires considerably increased effort.

# Gas appliance risk assessment

You MUST select 'Yes' / 'No'.



#### Assessment carried out?

If 'Yes', you MUST select the date the assessment was completed.



# **Environment summary**

You MUST record any supporting information here.



**Additional info (environment):** Enter any information that is not already recorded in environment sections.

# Section 9. Your views

# Your (customer) views

You MUST record the customer's views / wishes, in the first person if appropriate.



#### **Examples**

- I would like to continue to stand up, even if it's with some different equipment. I find stretching
  my legs really helps with the pain.
- I really don't like having equipment at home. In the hospital they lifted me up in a hoist and it
  was awful. I was so uncomfortable. I know my husband can't lift me forever, and I hate having
  to rely on him, but it works for us at the moment.

#### Carer / main handler views

You MUST record the carer's views, in the first person if appropriate.

Carer/main handler views

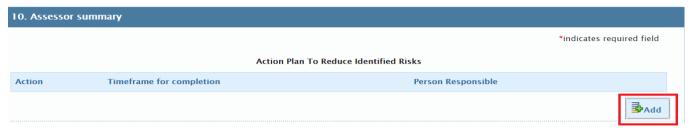
Solution of the carer's views, in the first person if appropriate.

#### **Example**

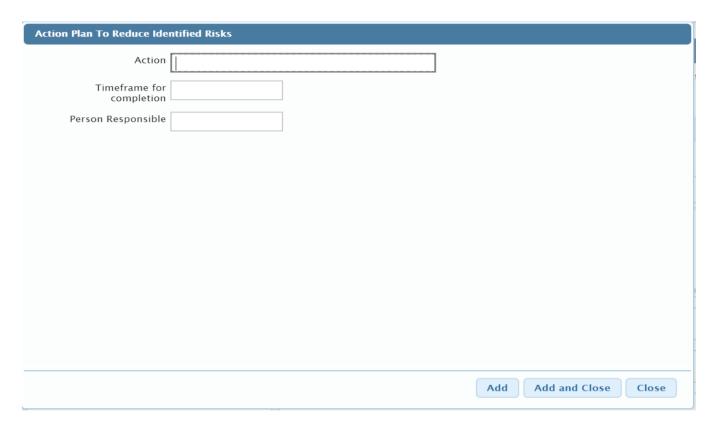
I know I should not be lifting Annie, but we prefer to do things our way, we've done things like this for years. I know my back is not in great shape and I can't carry on doing it forever, but if I can carry on at the moment, then I will.

# Section 10. Assessor summary - Action Plan to reduce identified risks

Select 'Add'.



Once you select 'Add' - this box will appear. You MUST complete this.



#### **Examples**

Action: Trial of alternative sling that can be applied and removed more easily in the chair.

Timeframe: 2-4 weeks Person Responsible: OT

Action: Ceiling track hoist survey and installation to be requested.

Timeframe: 2-4 weeks Person Responsible: OT

Action: Carers to make use of the in bed slide sheet system already at the property to support

turning and repositioning in bed.

Timeframe: Immediate.

Person Responsible: Carers from Agency Blue.

# Moving and handling risk assessment summary

You MUST evidence professional ownership of your decisions at some point in this section. This section will be written in the first person from the perspective of the practitioner, not the customer.

E.g. 'In my professional opinion.....' or 'I have assessed that.....'.

See example below.



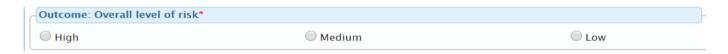
#### **Example**

Following my observations of carer supporting Dennis with transfers from bed to chair with current equipment (Etac patient turner), **I have assessed** that he is able to grasp and hold the handle of the turner, and pull himself to a standing position, but is finding maintaining a standing position very difficult.

We have agreed to try some alternative equipment options that might provide additional support to Dennis once he is standing, to manage transfers with increased safety and comfort. This would also increase carer safety.

#### Outcome - overall level of risk

You MUST select either 'High', 'Medium' or 'Low'.



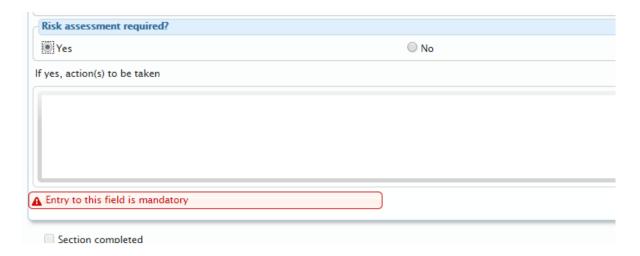
# Moving and handling advice card left?

You MUST select 'Yes' or 'No'.



# Risk assessment required?

You MUST select 'Yes' or 'No'. If 'Yes' is selected, a second box will appear. This is where you record what action(s) will be taken.

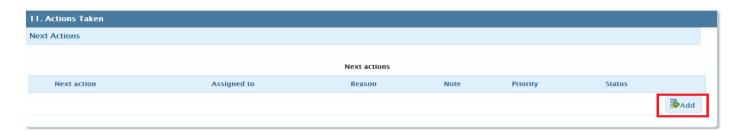


#### Example (if 'Yes' is selected)

Physical assistance is being used where transfer equipment (full hoist and deluxe support sling) would normally be recommended. Mr and Mrs Green both wish to continue with doing things the way they are currently and have declined the recommended equipment. A Risk Assessment to be completed to record risks identified and severity of each risk, identify and offer any further ways possible to reduce or manage the risks, and to agree a contingency plan.

# Section 11. Actions Taken

#### Select 'Add'



There is only one Next Action to choose from: 'No further action - other work flow continues'.

