

Reading list and websites

Suggested reading for children

- Helping Children with Feelings Series: A Niffleloo Called Nevermind, The Frog who Longed for the Moon to Smile, Ruby and the Rubbish Bin, etc. – Margot Sutherland
- Alex and the Scary Things – Moses and MacEachern
- A Place in My Heart – Relyea and Grossnickle
- The Making of U – Kendra Fairbairn
- Nutmeg gets adopted - Judith Foxon
- Nutmeg gets a little help - Judith Foxon
- Nutmeg gets a letter- Judith Foxon
- Nutmeg gets cross - Judith Foxon
- Nutmeg gets into trouble - Judith Foxon
- Can I tell you about Adoption? - Salaman and Brodzinsky
- The Mulberry Bird; An Adoption Story – Brodzinsky
- Morris and the Bundle of Worries – Seeney and Fuller
- Elfa and the Box of Memories – Bell and Fuller (for children to feel it is good to share memories good and bad)
- Picnic in the Park – Griffiths and Pilgrim
- Finding a Family for Tommy – Rebecca Daniels
- Beaver and the Echo – Amy MacDonald
- Where is Poppy's Panda - David Pitcher
- Dennis Duckling and Dennis and the Big Decisions - Paul Sambrooks
- Billy Says Series - Joanne Alper
- The Huge Bag of Worries – Virginia Ironside
- Horrace – Holly Keller
- Moving Pictures – Hedi Argent
- How are you feeling today baby bear? – Jane Evans
- Daddy, Papa and Me – Newman and Thompson
- Mommy, Mama and Me – Newman and Thompson
- Dad David, Baba Chris and me – Ed Merchant
- And tango makes three – Richardson and Parnell
- Josh and Jaz have three mums – Hedi Argent
- Tale of Two Mommies – Oelschlager and Blanc
- It's Okay to be Different – Todd Parr

- The Feelings Book - Todd Parr
- The Family Book – Todd Parr
- Sad Book - Michael Rosen
- The Most Precious present in the world - Becky Edwards (about children that look different to their adoptive families)
- The Wise Mouse by Ironside Virginia (suitable for 5-11 year olds)
- A safe place for Rufus - Jill Seeney (about a kitten moving to a new family but remembering sad things from his past)
- Spark learns to fly - Judith Foxon (explaining domestic violence to young children)
- My Life and Me – Jean Camis (BAAF)
- No Matter What – Debi Gliori
- The Teazles' Baby Bunny – Susan Gagnall
- Katie Careful and the very sad smile / Callam kindly and the very weird child / Charlie Chatty and the disappearing pennies / William Wobbly and the very bad day/Rosie Rudey and the very annoying parent / Charlie Chatty and the wiggly worry worm / William Wobbly and the mysterious holey jumper / Rosie Rudey and the enormous chocolate mountain / Sophie Spikey has a very big problem - Sarah Naish, Rosie Jefferies

Some other books Adopters have recommended to us are:

- "Eddy Finds a Family" by Sarah McGeough,
- "Delly Duck: Why a Little Chick Couldn't Stay With His Birth Mother" by Holly Marlow
- families families families, Suzanne lang & Max Lang

For Adoptive Parents and Professionals:

- Life Story Books for Adopted Children; a family friendly approach - Joy Rees
- Life Story Work with Children Who are Fostered or Adopted – Katie Wrench and Leslie Naylor
- New Life Work Model - Edith Nicholls
- Life Story Work: A Practical Guide to Helping Children Understand Their Past – Ryan and Walker
- Digital Life Story Work – Hammond and Cooper
- Life books: Creating a Treasure for the Adopted Child (Inter country) – Beth O'Malley
- Direct Work with Vulnerable Children –Wosu and Tait
- Conversations that Matter (talking with children and teenagers in ways that help) – Margot Sunderland

- A to Z of Therapeutic parenting by Sarah Naish
- Attachment in common sense and doodles - Silver
- Using stories to build bridges with traumatized children - Kim Golding
- Using Stories as a Therapeutic Tool with Children – Margot Sutherland
- Building the Bonds of Attachment – Dan Hughes
- Nurturing Attachments, Supporting Children who are Fostered or Adopted – Kim Golding
- Talking with Young Children about Adoption – Mary Watkins and Susan Fisher
- Adoption Conversations. What, when and how to tell - Renee Wolfs
- More Adoption conversations; What, when and how to tell - Renee Wolfs (talking to teenagers)
- Talking about Adoption to your Adopted Child – Chennells and Morrison
- It Was that One Moment - Dan Hughes
- Brain-Based Parenting – Hughes and Baylin
- First Steps in Parenting the Child Who Hurts. Tiddlers and Toddlers – Caroline Archer
- Next Steps in Parenting the Child Who Hurts. Tykes and Teens – Caroline Archer
- New Families Old Scripts – Caroline Archer and Christine Gordon
- Being Adopted: The Lifelong Search for Self - David Brodzinsky
- The Science of Parenting –Margot Sutherland
- A Child’s Journey Through Placement - Vera Fahlberg
- Parenting from the Inside Out – Daniel Siegel and Mary Hartzell
- Building the Bonds of Attachment – Dan Hughes
- It Was that One Moment - Dan Hughes
- The Out of Sync Child – Recognising and Coping with Sensory Processing Disorder – Carol Stock Kranowitz.
- The Out of Sync Child has Fun - Carol Stock Kranowitz.
- Why Love Matters - how affection shapes a baby’s brain – Sue Gerhardt
- Inside I’m Hurting – Practical Strategies for Supporting Children with Attachment Difficulties in Schools – Louise Bomber
- Big Steps for Little People - Celia Foster
- Bothered: helping teenagers talk about their feelings - Margot Sutherland

Websites

www.innerworldwork.co.uk

www.lifestoryresources.co.uk

www.lifestoryworks.org

www.theadoptionsocial.com

www.hannahmeadows.com

www.theopennest.co.uk

www.adoptionuk.org

www.corambaaf.org