## **BAME Groups - ACE Region and National**

https://network.autism.org.uk/knowledge/insight-opinion/supporting-bame-autistic-people-and-their-families - Supporting BAME autistic people and their families

<u>www.uk-bame.com</u> – Supporting BAME people with networking opportunities

https://www.acacia.org.uk/bame/professionals/ - Support for professionals working with BAME parents, Birmingham based service

https://www.gires.org.uk/inclusivity-supporting-bame-trans-people/ - Supporting BAME trans people

https://www.mentalhealth.org.uk/a-to-z/b/black-asian-and-minority-ethnic-bame-communities - BAME communities and mental health

https://www.endeavourproject.org.uk/leaflets/BAMEDV.pdf - BAME domestic violence support project

https://www.nhsbmenetwork.org.uk/ - NHS BME network

Young Black Men Project - The Young Black Men project targets Mind's services to young people between the ages of 11 and 30 years old who live across Coventry and Warwickshire and identify as being a young black man growing up in today's society. YBM are one of the most overrepresented BME groups in inpatient mental health services and are overrepresented in the criminal justice system. YBM are also massively underrepresented in asking for help, speaking about mental health, or seeking out services and we want to work to see this change.

For further information please contact Alethea on 024 7655 2847 or email alethea.balbuena@cwmind.org.uk.

Check out this YBM Mind Taster online workshop: https://www.belgrade.co.uk/events/boys-to-men-mind-taster-workshop/