



## **Contact Registers**

Adopted people can register their interest to have contact with a birth relative with the Adoption Contact Register that is held by the Registrar General Office, (there is a link to the relevant Government website on the following page).

It is important to be aware that if a birth relative has not registered a wish for contact, this is not necessarily an indication that they would not welcome hearing from the adopted person. Research has shown many adopted adults and birth relatives are unaware of the existence of the Adoption Contact Register.

### **Providing a Service for adopted adults who do not want contact with a birth relative or who wish to place a Veto**

Some adopted adults do not want to be contacted by a birth relative and there is an explanation document in this pack which informs you of the choices available for vetoes, which can be either absolute or qualified.

### **No Contact Requests**

Since the implementation of the Adoption and Children Act 2002, it has been possible for adopted adults to register a wish for 'No contact' on the Adoption Contact Register that is held by the Registrar General. An adopted adult does not have to go via the adoption agency to register a wish for 'No contact' with the Registrar General. They can do this directly by completing the appropriate forms.

The appropriate adoption agency (AAA) keep a written record of the veto on the adopted adult's file and make this known to any intermediary agency that makes contact.

The following information/link is accessed via:

<https://www.gov.uk/adoption-records> → 1 The Adoption Contact Register

The following options are then available:

### **1) The Adoption Contact Register**

You can add yourself to the Adoption Contact Register at the General Register Office to:

- find a birth relative or an adopted person
- say you don't want to be contacted

This is not a tracing service - for a connection to be made between people, you must both be on the Adoption Contact Register.

### **2) Find birth relatives if you were adopted**

You can add yourself to the Adoption Contact Register if you're 18 or over and your birth or adoption was registered with the General Register Office.

You need to fill in [form CR part 1](#) to add yourself to the register. Read [guidance notes](#) on how to complete the form.

You need:

- your original birth name
- your date of birth
- the full name(s) of your birth mother (and birth father if known)

The fee is £15 - instructions on how to pay are on [form CR part 1](#).

### **3) Find someone who was adopted if you're a birth relative**

You can add yourself to the register to try to find an adopted person by filling in [form CR part 2](#). Read [guidance notes](#) on how to complete the form. You'll only be able to find people who have also added themselves to it.

You need to be 18 or over. The fee is £30 - instructions on how to pay are on [form CR part 2](#).

You can also use this form if you are an adopted person looking for other adopted siblings.

Accessed from the internet <https://www.gov.uk/adoption-records>, GOV.UK site is managed by Government Digital Service (GDS) on behalf of the Crown, on 07.10.18