



**Adoption
Central
England**

Lunchtime Learning Sessions

Dates

10th July	12:30 – 1:30	Sibling Relationships and Direct Contact
14 th August	12:30 – 1:30	Understanding regulation and Co-Regulation
11th September	12:30 – 1:30	Parenting with PACE (Playfulness, Acceptance, Curiosity & Empathy)

Join us for a one hour session each month, designed to fit seamlessly into your busy life. Learn about adoption related topics, and connect with other parents—all during your lunch break!

Call 0300 369 0556 or email spokeadminsupport@aceadoption.com to book

