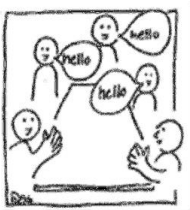




Notes and Actions from the Autism Partnership Board Meeting,

Wednesday 12th December 2018

Pound Lane Learning Centre, Leamington



Lisa L chaired the meeting in agreement with board members due to chair.co-chair availability

Who came to the meeting?

- Lisa L, Paula E, Michelle C-C, Pawlina C, Vic J, Rebecca P , Simon H, Stephen H, , Dean T, Jo-An G, Molly G, Gemma C, Paula M, Louise B, Gorgeous K,



Apologies

- Maria F, Amelia G, , Tim W, Andrew S, Lynda L, Viv M, Sue P, Susan H, Emily VD, Kathryn H, Danny P, Angela G, Sue G,

1. Welcome and introductions:

Introductions were made and apologies were noted.

2. Minutes and Actions from the last meeting:

- Minutes were agreed as an accurate reflection of the meeting.



Actions from last meeting:

- Reasonable Adjustments: **Gemma C and Simon H to link up and take forward actions on reasonable adjustment checklist and bring back to the board to promote.**
- Waiting on the publication of the NHS 10 year forward plan before making actions on Autism strategy refresh. **To be put on the next Agenda**

3 Updates from Autism Reps:

Stephen H – Shared a PowerPoint presentation on participation at the Ideas Factory and discussions on Care Champions



Stephen
presentation Dec 18.

Comments:

- Would have liked to have seen residents having more involvement and choice within care/residential homes.
- Residents have little or no access to internet and only have access to basic television, no Sky or Netflix etc available.
- Vic J asked what could be done better by the care homes- Stephen said he would like to see residents being able to access internet within their own rooms and being able to discuss as a residents group on decisions and choices within residential/care homes
- Is this level of information advertised for residents as a 'checklist' of requirements when choosing where to live?

Simon H –

- Discussed experiences within acute hospital stays.
- On talking to nurses and Dr's was apparent that people are still waiting long periods of time for investigations or tests.
- Waiting in corridors and other areas that are not appropriate and causing sensory distress.
- Other areas eg Worcestershire have more information available for eg photos of staff and ear plugs and eye mask available which help with reducing anxiety when attending hospital.



- Autism is still not routinely acknowledged within working practice, seen as a 'specialism' rather than just individual needs.
- Worcester seem to adapt to needs whereas Warwickshire seem to 'panic' and not be able to see the needs of someone with Autism as anything other than 'specialist'
- Need to look at the personal needs of someone as a whole rather than a problem.
- Autism specific training is not always need or the answer, more emphasis needs to be on reasonable adjustments of the individual and that will also be for everyone not just Autism specific.

Feedback:

Lisa L – response from Viv M- Warwickshire County Council do not currently have a corporate training plan but will be looking to improve access to training. CCG's response- will be adding reasonable adjustment and mandatory training from 1st April 2019 for staff.

4. Warwickshire Suicide Prevention Strategy - Presentation by Paula Mawson **Commissioning Lead Public Health**

PowerPoint presentation & Warwickshire suicide Prevention Strategy



Suicide prevention
Autism Partnership Bc



Suicide Prevention
Strategy 2016-2020 (

Discussion:

- This is a multi-agency approach
- Suicide numbers are higher than those of road traffic accidents over the same time period.
- 143 deaths by suicide in Warwickshire between 2013-2015
- Deaths by suicide has a wide impact
- Warwickshire is taking a zero approach to suicide rather than setting a number target
- Looking at other models of support and will be piloting safe haven cafes for drop in and support facilities, will not have clinical input but be able to offer a place of safety and support.
- Rebecca P – Gaps within schools and recognising that young people are talking about suicide this is not being talked about or addressed, need to acknowledge and talk about suicide in the home and family dynamics, young people with autism are falling through the gaps.



- Currently linking with Social Services to see how they are responding to young people with suicidal thoughts.
- Simon H suggested that Samaritans contact details are made visible on all documents
- Paula M will be working looking at services to make sure that risks are being identified and referrals are not being rejected due to high risks, particularly around IAPT services.
- Big White Wall is being developed further and will be reviewed with autism reps from the board on content.
- Important to ensure the work that the Autism Partnership Board (APB) is doing closely links with the work that the Suicide Prevention Board (SPB) is doing, suggestion to have a rep from the APB to sit on the SPB Louise B already sit on this as a young people Mental health rep, do we want Louise to be the link or have a further rep from the board? – the SPB sits bi- monthly at the moment may continue as bi monthly or move to quarterly.

5. Adult Neurodevelopment Pathway update – Presentation by Gemma Cartwright

Power point presentation



- The pilot started with a small pot of money – with a target group of reaching 260 people
- Decision was made at the start to not be an Autism diagnostic service
- The service when live in December 2016 with a soft launch and a few GP's. This is a GP referral only criterion.
- Cannot accept refers for people also open to mental health services
- July 2017 the service was at full staff compliment
- There have been 1140 referrals to date.
- Assessment process is over 4 sessions, including assessments and planning discussions
- 60% will have no further interventions
- 40% will continue with further support and interventions
- Now have a clinical coordinator who will work with following up with the 60% to make sure they don't need anything further.
- Post diagnostic support groups are available and well attended.
- Feedback from groups were asking for further peer to peer support – working with CWMind who now have a drop in every Tuesday morning in Coventry at least 12 people attend regularly, this is being expanded to look at providing an evening session.
- CWMind go into work places to discuss reasonable work place adjustments **board to support this initiative**
- Next steps – reviewing how to move forward with the service and progress developments, with drop ins and potential to have navigators.



6. Autism Partnership Board Review

Actions that can be put in place immediately discussed

- Introductions to be made at the start of every meeting
- Make sure the Jargon cards are always available
- Remove actions from the notes and create an action tracker log
- To discuss future venues and plan in advance if there are likely to be any presenting issues with access or sensory adjustments.

AOB

- **Updates and information from Viv M** – Viv is asking for volunteers to read through the first draft of the storyboard for the new Understanding Autism module before we go to the actual build. If anyone who is interested could email me I will send them a copy, and would like feedback by the end of January 2019 please. vivienmershon@warwickshire.gov.uk
- Viv is also arranging for WCC staff to have access to the Virtual Autism 2.5 hour session in the new year as we have been given the opportunity to try this free of charge.
- A meeting with CAVA, Warwickshire & West Midlands Association of Local Councils (WALC), Warwickshire College, and Coventry LD rep is also being set up as WCC Members are keen that we explore opportunities for sharing learning opportunities across Coventry and Warwickshire to explore whether there is the potential to reach larger numbers, but also to ensure consistency of message. **Again, if anyone would like to be part of this discussion can they email me so they can be invited along.** This will be looking at programmes across health and social care so will not be limited to ASD. Our first meeting will be to look at where there is duplication,
- **Lisa L** is due to go on maternity leave, her cover has not been recruited to yet, as such the next Feb/March board meeting is being stood down with the next meeting being arranged for June 2019 – communications within the board will still be ongoing. Gorgeous K will be the link until Lisa's replacement is in place.
- Update on community support bid - children and young people ASD outreach – under 18 post diagnostic support by CWMind for those that do not meet the criteria or Rise or Neuro support.
- Stats Data – is this useful to continue receiving?
- To discuss members view on having a link on the APB pages to the Public Health suicide prevention page?