

# Adult and Community Learning Service

## Guide to Active Learning in Nuneaton

Courses for adults with  
learning disabilities and  
difficulties



New  
programme  
for September



It's  
free!

Call us from  
Monday July 8th  
to book an  
interview

SKILLS



[www.warwickshire.gov.uk/adultlearning](http://www.warwickshire.gov.uk/adultlearning)

## What's new?

We are relaunching our programme for adults with learning disabilities and difficulties. We have courses on offer that promote independence and develop skills for work and volunteering.

Join us for one day a week on our Skills for Independence programme. You will need to attend both sessions.

## Courses for independence

### Basic cooking skills

Learn how to plan a healthy meal and follow a simple recipe. You will learn how to follow basic hygiene rules and work safely in the kitchen. If you would like to, you can eat what you have prepared at lunch time.

Venue	Day	Time	Start date	Weeks
Newtown Centre, Nuneaton	Mon	10.00 - 12.00	16/9/19	35

### Life Skills

Learn skills to live more independently. This course will include topics such as money management, staying safe and making healthy choices.

Venue	Day	Time	Start date	Weeks
Newtown Centre, Nuneaton	Mon	13.00 - 15.00	16/9/19	35



## Courses with qualifications

Do you need to improve your maths, English or computing skills? We can help you access those courses too.



## Future opportunities

Do you want to show employers what you can do and how they can help support you into work, or would you like to get involved in volunteering? Or perhaps you would like to feel more confident in social situations.

We will be running courses that build confidence and improve communication skills, enabling you to take a more active role in community activities and the world of work. By the end of the course, you will have made a short video about yourself to share with employers and organisations that help you find work or with the people that support you.

Places will be limited. If you would like more information, or to express an interest in these courses, contact Lucy Whittington on 01926 736393.

Please see overleaf for enrolment information.





## Next steps

### Information event

If you would like to find out more information about any of the courses, you are warmly invited to attend an Open Afternoon on **Friday 5th July**, from 1.30pm until 3.30pm at Newtown Centre, Newtown Rd, Nuneaton. Refreshments will be served.

If you are unable to attend, please phone Lucy Whittington on **01926 736393** or email **[lucywhittington@warwickshire.gov.uk](mailto:lucywhittington@warwickshire.gov.uk)** to find out more.

### How to enrol

Call 01926 736392 from Monday July 8th to book an informal interview. Interviews will take place on July 19th at Newtown Centre.

You must be 19 or over to enrol and have lived in the UK for the last 3 years.

You will need to bring proof of your identity, such as a birth certificate or passport, and a National Insurance number.



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