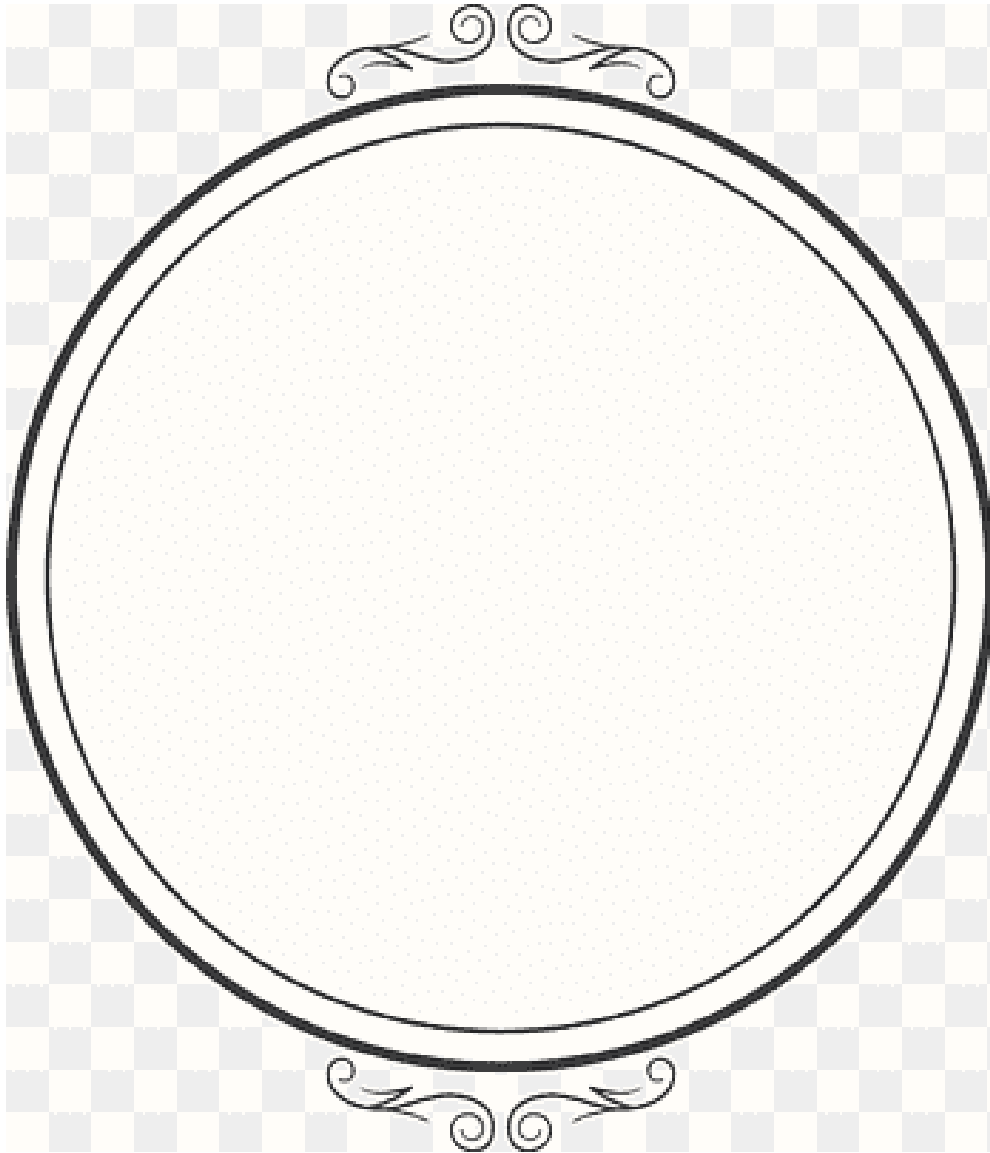







KS3 Personal Knowledge Reflection Journal

Name: _____

Who Am I?

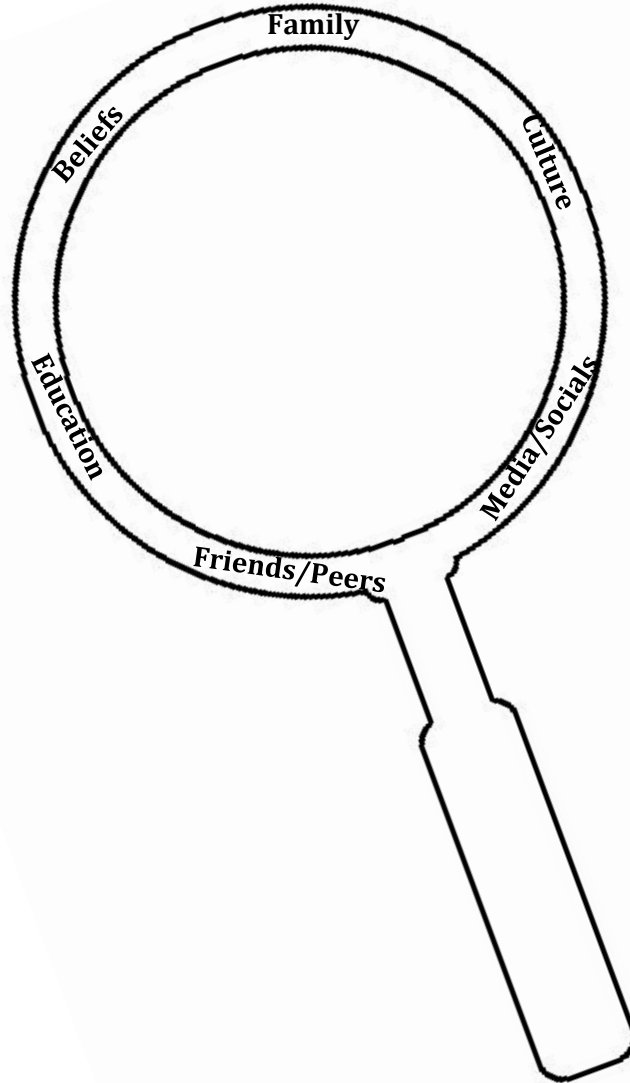


Where do my ideas about the world come from?

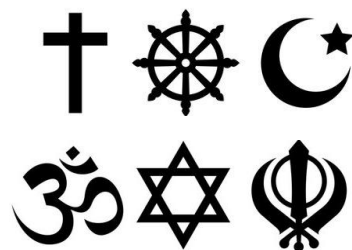
				
<p>Family</p>	<p>Friends</p>	<p>Internet/ Media</p>	<p>Books & Stories</p>	<p>Religions</p>



What is my personal worldview?



Which other worldviews do I already know I can look at the world through?




















Metacognition in RE: How do I best like to learn in RE lessons?

Metacognition Reflection 1					
What best helps my learning about religions and worldviews?	How do I justify my beliefs, thoughts and opinions in RE lessons?	Which ways of studying RE really make sense to me (theology, philosophy, human & social sciences or other disciplines)?	What do I find most challenging about RE?	What kind of questions bring out the best learning in RE lessons?	What sources/resources most best support my learning in RE lessons?
Metacognition Reflection 2					
What best helps my learning about religions and worldviews?	How do I justify my beliefs, thoughts and opinions in RE lessons?	Which ways of studying RE really make sense to me (theology, philosophy, human & social sciences or other disciplines)?	What do I find most challenging about RE?	What kind of questions bring out the best learning in RE lessons?	What sources/resources most best support my learning in RE lessons?
Metacognition Reflection 3					
What best helps my learning about religions and worldviews?	How do I justify my beliefs, thoughts and opinions in RE lessons?	Which ways of studying RE really make sense to me (theology, philosophy, human & social sciences or other disciplines)?	What do I find most challenging about RE?	What kind of questions bring out the best learning in RE lessons?	What sources/resources most best support my learning in RE lessons?



Bringing my Personal Knowledge to my Learning in RE

A: Know about and understand a range of religions and worldviews												
	Reflection Questions	My Reflections										
A1. Religions & Worldviews	<ul style="list-style-type: none"> ○ How have history & culture influenced my own worldview? ○ How do I interpret this text? ○ Why do I interpret it that way? ○ Do I believe death is the end? ○ Do my ideas about death impact on the way I live? ○ Where do my ideas about death come from? ○ Why do I think there is suffering in the world? ○ What do I see as worship? 	<div style="text-align: center; margin-top: 20px;"> <table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <td style="text-align: center; padding: 5px;"></td> <td style="text-align: center; padding: 5px;"></td> <td style="text-align: center; padding: 5px;"></td> <td style="text-align: center; padding: 5px;"></td> <td style="text-align: center; padding: 5px;"></td> </tr> <tr> <td style="text-align: center; padding: 2px 5px;">Family</td> <td style="text-align: center; padding: 2px 5px;">Friends</td> <td style="text-align: center; padding: 2px 5px;">Internet/ Media</td> <td style="text-align: center; padding: 2px 5px;">Books & Stories</td> <td style="text-align: center; padding: 2px 5px;">Religions</td> </tr> </table> </div>						Family	Friends	Internet/ Media	Books & Stories	Religions
												
Family	Friends	Internet/ Media	Books & Stories	Religions								



<ul style="list-style-type: none">○ How do I think humans achieve happiness? ○ Is art/creativity important to me for expressing spiritual ideas? ○ Do I believe religion is a power for peace in the world? ○ Who/what holds authority for me? ○ What is an argument for the existence/non-existence of God I really understand and find convincing? ○ What are my own ideas about women/ LGBTQ+ people, different ethnicities, class in religious communities and how these people should be treated?	
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<p>A2. Sacred Guidance</p>	<ul style="list-style-type: none"> ○ Do sacred texts offer me any helpful ideas for how to live well or offer me moral guidance? ○ What ideas about the nature of suffering help me? ○ Are ideas from religions helpful to those who are not part of that religious community? ○ Do I see any of my life actions as worship? ○ Does music/art help me to express my beliefs? ○ Do I think a belief in God might help someone find happiness? ○ Does going somewhere in particular help me to find peace? 	
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<p style="writing-mode: vertical-rl; transform: rotate(180deg);">A3. Diversity of Expression of Belief & Belonging</p>	<ul style="list-style-type: none"> ○ Is there a place for worship in the lives of all humans? ○ What might that look like for me? ○ How can music and art express 'big ideas' from belief systems? ○ Do I learn anything from the way teenagers from other religious traditions live their life? ○ What inspires me in my own life? ○ Do any ancient spiritual practices appeal to me? ○ Do religions and worldviews have anything helpful for me regarding achieving happiness? ○ Can I be truly happy while I still want things? 	
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B: Express ideas and insights about the nature, significance and impact of religions and worldviews

	Reflection Questions	My Reflections
B1. Relationships Between Personal and Organised/Institutional Worldviews	<ul style="list-style-type: none"> ○ Are there any religions and worldviews that appeal to me? ○ Are any teachings from religions and worldviews too radical for me? ○ Do any religions and worldviews help me with my own ideas about life and death? ○ Was I raised within a religious tradition, or have I found one for myself? ○ How has my upbringing shaped the way I see life now? 	

B2. Identity and Belonging in Religions and Worldviews

- Do I find some aspects of organised worldviews problematic?

- How do my own beliefs influence my actions?

- Do I express beliefs differently to my friends and family?

- Who is a good role model for living a good life?

- Do religions benefit society in my opinion?
















- How can a religion/worldview make a difference to a person's identity?

- Is it important to prove/disprove the existence of God?

- Do I value any aspects of any given sacred text?

- Do people need saving? From what?

C: Gain and deploy the skills needed to engage seriously with religions and worldviews

	Reflection Questions	My Reflections										
<p>C1. Ultimate question and their impact on living</p>	<ul style="list-style-type: none"> ○ Where do my ideas about life come from? ○ Am I open to new ideas? ○ Do I make room for new ideas in my worldview or is it fixed? ○ What would most convince me there was a God? ○ What is more important for me- life now or what happens after this life? ○ What brings me hope? ○ Is suffering just a part of life I should accept? ○ Has a religious concept ever helped me to face life when it gets hard? ○ What offers me most hope? ○ Is conflict just a normal part of life or something bad to be avoided? 	<table border="1" style="width: 100%; text-align: center;"> <tr> <td data-bbox="780 374 900 472"></td> <td data-bbox="900 374 1019 472"></td> <td data-bbox="1019 374 1139 472"></td> <td data-bbox="1139 374 1259 472"></td> <td data-bbox="1259 374 1378 472"></td> </tr> <tr> <td data-bbox="780 472 900 533">Family</td> <td data-bbox="900 472 1019 533">Friends</td> <td data-bbox="1019 472 1139 533">Internet/ Media</td> <td data-bbox="1139 472 1259 533">Books & Stories</td> <td data-bbox="1259 472 1378 533">Religions</td> </tr> </table>						Family	Friends	Internet/ Media	Books & Stories	Religions
												
Family	Friends	Internet/ Media	Books & Stories	Religions								

- What do I think about this issue?

- Where do my ideas about this issue come from?

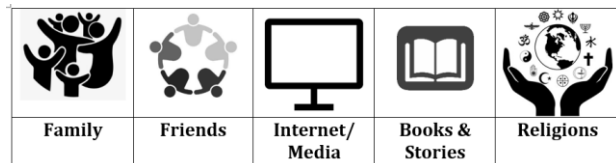
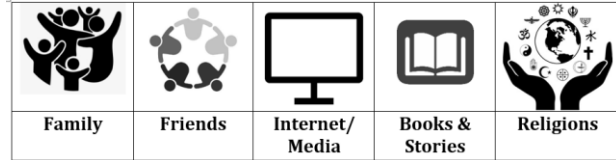
- What does 'love' mean to me at home, at school, in the world, with people I don't know, with people who are different to me?

- What do I think about immigrants/ refugees and how they should be treated?

- Where do my ideas about this come from?

- Do any religions/ worldviews inspire me in how they treat immigrants and refugees?

- How does holding a particular worldview impact upon the actions of individuals and communities in the world today?



<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C3. Ethical and moral living</p>	<ul style="list-style-type: none"> ○ How do I respond to ethical/ moral dilemmas? ○ What do I turn to in order to help me make decisions? ○ How do I know what to do/ how to act in difficult situations? ○ Do I believe everything in a sacred text must be obeyed by a believer? ○ Do religious views about death have a positive or negative impact on how people live? ○ Does the way a religious worldview sees the earth impact on how people respond to issues like climate change? ○ Do religions and worldviews help me to understand why people suffer? ○ Is spirituality important to me? 	
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○ What does 'peace' mean to me?

○ Is there such a thing as 'western' values?

○ Should we all hold them if there is?

○ Have I seen anyone else achieve happiness in a way that inspires me?

○ What does a 'good' life mean to me?

○ How does religion contribute to conflict in the world?