

# Spring Term 2019 Headteachers' Conference

21<sup>st</sup> March 2019



# Welcome

## Paul Senior

### Assistant Director, Education Services



# Agenda

08.30	<b>Registration &amp; Refreshments</b>
09.00	<b>Welcome:</b> <b>Paul Senior</b> , Assistant Director, Education Services, WCC.
09.15	<b>OFSTED New Inspection Framework Updates</b> <b>Hayley Good</b> , Strategic Lead, Learning and Performance, WCC. <b>Ian Dewes</b> , National Leader of Education (NLE) & Executive Headteacher of Dunchurch Infant and Dunchurch Boughton C of E (VA) Junior Schools. <b>James McNeillie</b> , HMI, Assistant Regional Director, West Midlands.
09.45	<b>Keynote Speech + Q&amp;A</b> <b>Amanda Spielman</b> , HM Chief Inspector of Education, Children's Services and Skills.
10.15	<b>Session discussion:</b> <b>Paul Senior</b> , Assistant Director, Education Services, WCC.
10.30	<b>Refreshments / Networking</b>
11.00	<b>Session Opening:</b> <b>Paul Senior</b> , Assistant Director, Education Services, WCC.
11.05	<b>Why not Google it?</b> <b>Christian Hilton</b> , Executive Headteacher of Stour Federation Partnership Schools. <b>Lucy Bosley</b> , ICT Lead / Lower Key Stage 2 Phase Leader, Shipston-on-Stour Primary School.
11.15	<b>Mental Health in Schools Project Opportunities;</b> <b>Mental Health Trailblazer / WISSSP</b> <b>Margot Brown</b> , Senior School Improvement Advisor, WCC. <b>Hayley Good</b> , Strategic Lead, Learning and Performance, WCC.
11.30	<b>A Year of Wellbeing:</b> <b>Jane Coates</b> , Year of Wellbeing Delivery Manager, WCC.
11.50	<b>Ethical Inclusion – Warwickshire on the National Agenda</b> <b>Marie Rooney</b> , Strategic Lead for Alternative Provision, WCC.
12.00	<b>LA Briefings:</b> <b>Education leadership team members</b> , WCC.
12.15	<b>Session Plenary:</b> <b>Paul Senior</b> , Assistant Director, Education Services, WCC.
12.30	<b>Close</b>



# OFSTED New Inspection Framework Updates

Hayley Good

Strategic Lead, Learning & Performance, WCC

Ian Dewes

National Leader of Education (NLE) & Executive  
Headteacher of Dunchurch Infant and Dunchurch  
Boughton C of E (VA) Junior Schools

James McNeillie

HMI, Assistant Regional Director, West Midlands



# Amanda Spielman

HM Chief Inspector of Education,  
Children's Services and Skills



# Session discussion

Paul Senior

Assistant Director, Education Services



# Refreshments



[Warwickshire Music Promo](https://vimeo.com/313677762/e3cce2b963)

<https://vimeo.com/313677762/e3cce2b963>

# Session Opening

Paul Senior

Assistant Director, Education Services





# Why not Google it?

Christian Hilton

Executive Headteacher of Stour Federation  
Partnership Schools

Lucy Bosley

ICT Lead / Lower Key Stage 2 Phase Leader,  
Shipston-on-Stour Primary School

[Presentation](#)



# Mental Health in Schools Project Opportunities

- Mental Health Trailblazer
  - WISSSP

Margot Brown

Senior School Improvement Advisor, WCC

Hayley Good

Strategic Lead, Learning and Performance, WCC



# South Warwickshire Clinical Commissioning Group NHS Trailblazer



- \* A pilot project, using principles of Green Paper: Transforming Children and Young People's Mental Health Provision 2017
- \* Free mental health training for school Mental Health Leads (DFE)
- \* Mental Health Support Teams for each area, working in schools, CYP with low intensity MH issues.
- \* Two Trailblazers in south and central Warwickshire, approx 20 schools each and up to 8,000 pupils each
- \* Mental Health Support Team trainees will be on placement from 17<sup>th</sup> May.
- \* Project 'proper' operational from December 2019
- \* 4 week waiting period trial running alongside (NHS)

# South Warwickshire Clinical Commissioning Group NHS Trailblazer



## **Criteria:**

- \* Above 5% SEMH primary need SEND
- \* Above 10% SEMH & SLCN primary need SEND
- \* Pupil Premium above Warwickshire average

## **Other considerations:**

- \* Schools involved in Early Help with SEMH as primary need
- \* Schools with CLA/post CLA
- \* Outcomes from R/Y6/Y9 Health Needs Assessments
- \* Schools involved in SEMH capacity bids
- \* Mix of primary, secondary, special
- \* Variety of OFSTED categories

# Warwickshire Improving SEMH and SEND in Schools Project (WISSSP)

- \* Based on principles of SSIF 3 - views of Warwickshire heads
- \* Significant investment of school improvement funding
- \* Aim: to help mainstream schools to meet the needs of their most challenging children through workforce development
- \* Focus on children below the EHCP threshold
- \* A school improvement offer. Upskilling and building the capacity of SENDCOs and SLT, classroom teachers, teaching assistants
- \* 3 hubs to be established each to include 1 secondary, 1 special and 4 primary schools.



# WISSSP Offer

- \* Offer to schools could include:
  - \* Mentally healthy schools training for non-Trailblazer schools
  - \* SEND Audit training for Category A and B schools
  - \* Governor training
  - \* A library of available resources to support SEND and SEMH in particular for schools
  - \* Information on current accreditations WINCs, Inclusion Mark/Ethical Charter and Health and Wellbeing



# WISSSP Offer : Hub Schools

- \* Criteria for inclusion as Mental Health Trailblazer
- \* In addition to general offer, Hub schools will work together to develop a sustainable model which meets needs of their children and young people
- \* Flexibility for these schools - within framework of MOU
- \* Hub schools to pilot social, emotional and mental health provision audits (Kate Sahota)
- \* Sharing event to share good practice and demonstrate impact



# A Year of Wellbeing

Jane Coates

Year of Wellbeing Delivery Manager,  
WCC







**Jane Coates**

**Warwickshire County Council & Coventry City Council**

# Why have a year dedicated to wellbeing?

- **Focus on positive behaviour**
- Encourage everyone to think about their own wellbeing
- **Give people ideas to change even one thing**
- **BEHAVIOUR CHANGE** – promote personal responsibility for own health and wellbeing
- **Long-term plan to promote services as the last – not first – resort**

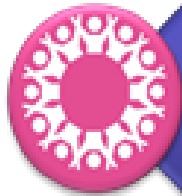
**THIS IS THE ONLY START, NOT THE END**

# Some areas of interest



Child physical activity

Use existing expertise to increase child physical activity



Workforce wellbeing

Sharing best practice info and training with all employers



Start a conversation

Taking a positive, whole community approach to loneliness



Celebrate good stuff

Showcasing wellbeing champions and strong community offers

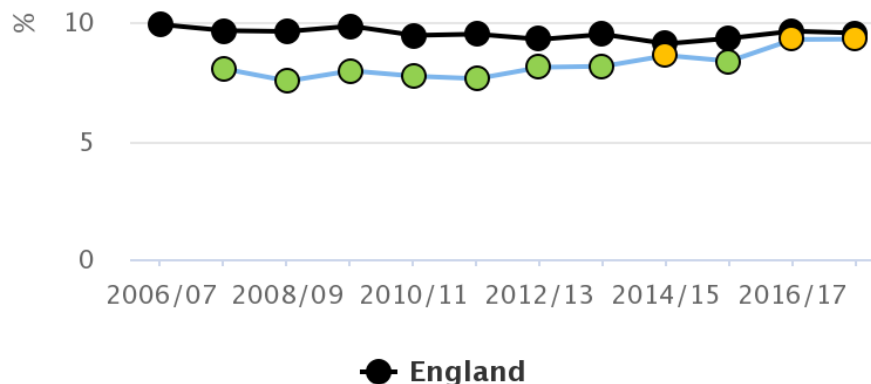
# Why the interest in child physical activity?

## OBESITY

School year 2017/18 data

- 9.3% (562) of Reception children are obese\*
- 17.3% (986) of Year 6 children are obese

These are both better than the national average BUT  
Reception trend is worsening

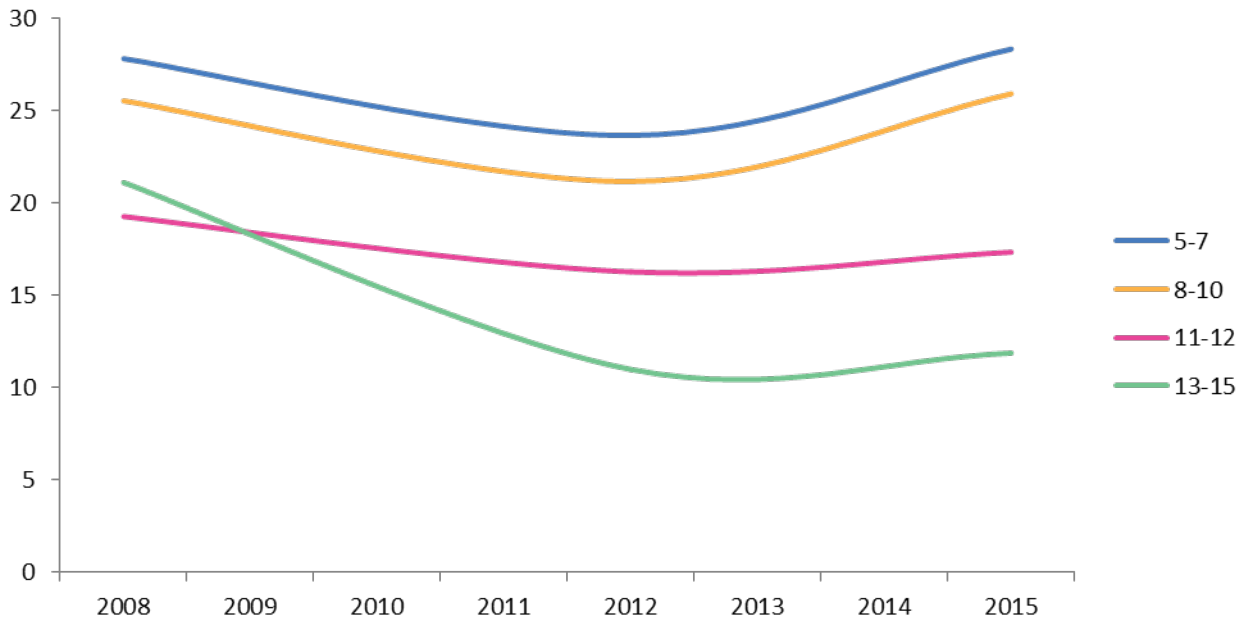


\*Centile of UK90 BMI. Obese is = or greater than UK95  
Data source – National Child Measurement Programme

## BEHAVIOURS

Health Survey for England records children's activity levels over a 7-day period. In 2015:

- only 28% of 5-7 y.o. meet the r.d.a. (1 hour)
- only 26% of 8-10 y.o. meet the r.d.a.
- only 17% of 11-12 y.o.
- only 12% of 13-15 y.o.



Source: ONS Health Survey for England 2016

Stats differ from the Compass survey in Warwickshire: different methodology used to measure

# Multiple benefits of increasing physical activity

fig 1

## ACTIVE KIDS HAVE BETTER ATTENTION, BEHAVIOUR AND ACADEMIC PERFORMANCE



### BRAINS WORK BETTER

LEARN BETTER AND FASTER  
ACQUIRE, PROCESS AND RETAIN NEW INFORMATION BETTER  
PLAN AND ORGANIZE WORK BETTER  
BETTER PROBLEM-SOLVING AND TIME MANAGEMENT



### STRONGER SCHOOL CONNECTIONS

IMPROVED SENSE OF BELONGING  
HAPPIER AT SCHOOL  
BETTER ATTENDANCE AND PARTICIPATION  
IMPROVED ATTITUDE AND BEHAVIOUR AT SCHOOL



### BETTER GRADES

IMPROVED MATHEMATICS AND READING SCORES  
ENHANCED THINKING SKILLS



### HAPPIER STUDENTS

MORE MOTIVATED  
HIGHER SELF-ESTEEM  
MORE CONFIDENT  
BETTER BEHAVED IN CLASS



20-MINUTE BURSTS OF EXERCISE INCREASE BRAIN PROCESSES AND ENHANCE COGNITIVE CONTROL FOR UP TO ONE HOUR AFTER.<sup>#1</sup>

**Local examples**

**Introducing**

**Marion Jones**

**Wootton Wawen CE Primary**

**Debby Hughes**

**High Meadow Infants**

**Nicky Green**

**Whitestone Infants**



# Physical activity at Wootton Wawen CE Primary





# The Challenge at Wootton Wawen

Despite overwhelming evidence of the health benefits of physical activity, most young people are not meeting the national recommendation of 60 minutes per day.

How do we see this impact on children's learning in our school?

- Concentration levels
- Development of gross and fine motor skills – struggling with the mechanics of writing
- Tiredness
- Poor social skills
- Poor recall

# Physical Activity for Children and Young People



Children should be physically active for at least 60 minutes every day

60 active minutes should be split between schools (30 minutes) and outside of school time (30 minutes).

- Active break times
- PE lessons
- Extra-curricular clubs
- Active lessons
- Sport and physical activity events
- 1K-A-Day

- Walking to and from school
- Sports clubs
- Play in the park
- Swimming
- Junior parkrun

Drink more water instead

around **6-8** glasses per day

A can of soft drink with added sugar takes a child over their maximum recommended daily intake of sugar.

Physical activity and sport is linked to

- improved concentration
- classroom behaviour
- pro-social behaviour
- peer relationships

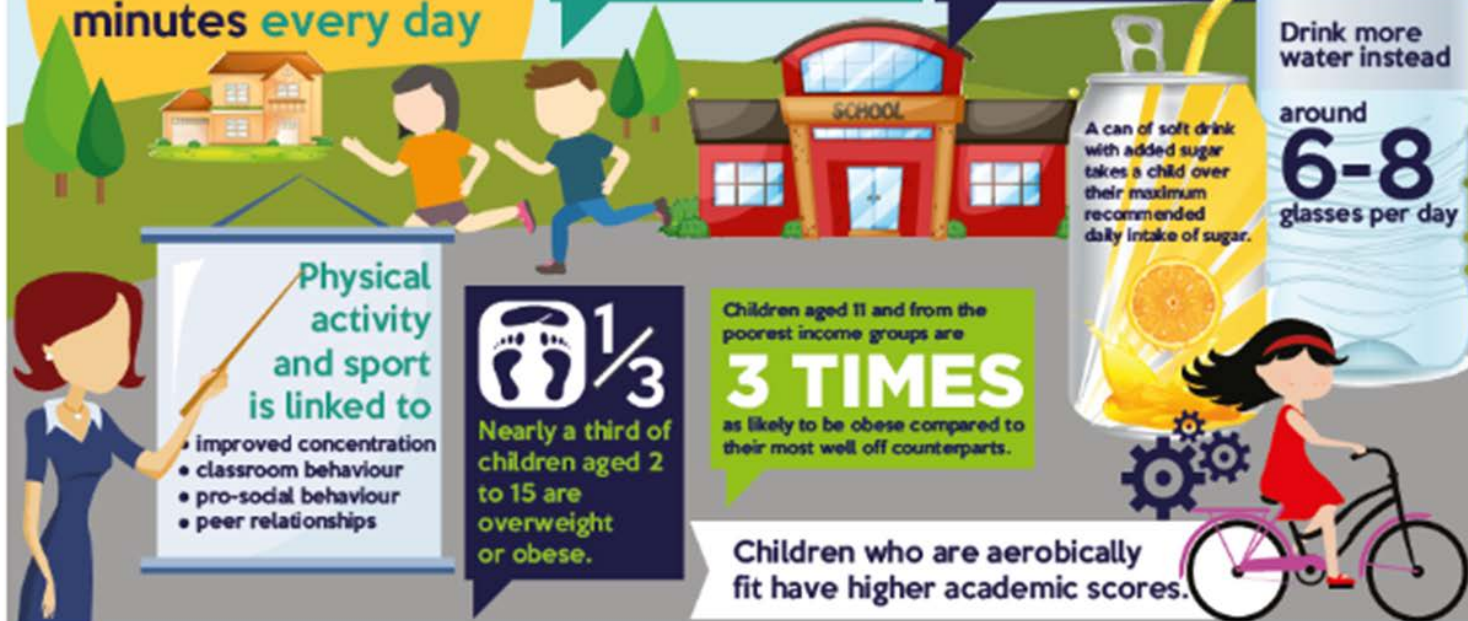
**1 1/3**  
Nearly a third of children aged 2 to 15 are overweight or obese.

Children aged 11 and from the poorest income groups are

**3 TIMES**

as likely to be obese compared to their most well off counterparts.

Children who are aerobically fit have higher academic scores.



# Things that have worked

<b>5 a day TV</b>	<b>Daily Mile</b>
<b>Premier League – Super Movers</b>	<b>Topic links – Mission X train like an astronaut</b>
<b>Train like a Jedi</b>	<b>Active Maths</b>
<b>Real PE</b>	

Common denominator is that they can all be fitted into class routines or curriculum.

## Barriers

weather ~ space ~ parents



# What next at Wootton Wawen?

- New initiative – Daily Shake Up
- Update PE policy to include a section about ensuring children are physically active and school promotes 60 minutes active to parents – partnership
- More clubs in school time to target children who cannot access extra-curricular sessions
- Sustain the interest – half termly challenges

**Debby Hughes**  
**High Meadow Infants**

# **Nicky Green**

## **Whitestone Infants**

# What now?

- We need to hear about what you are doing that works
- We will promote good practice to other schools and in the media across C&W
- We will hold a half-day event to support thinking about how to overcome barriers
- Our partners are on hand to advise in each school, including:
  - CSW Sports Partnership
  - Youth Sport Trust
  - Kids Run Free
  - SWFT School Nurses

# Get in touch to get involved

**Neesha Memetovic**

[neeshamemetovic@warwickshire.gov.uk](mailto:neeshamemetovic@warwickshire.gov.uk)

**Jane Coates**

[janecoates@warwickshire.gov.uk](mailto:janecoates@warwickshire.gov.uk)



COVENTRY & WARWICKSHIRE  
**YEAR OF WELLBEING**  
2019



# Ethical Inclusion – Warwickshire on the national agenda

Marie Rooney

Strategic Lead for Alternative  
Provision, WCC



# LA Briefings

Education leadership team  
members



# Paul Senior

## Assistant Director, Education Services



# John Edwards

## Strategic Lead – Education Sufficiency and Access

- 2019 childcare sufficiency assessment to be published in June
- Annual school sufficiency update to be published in June
- Home to School Transport policy update
- Changes to the funding of school admissions

Education Sufficiency and Access [johnedwards@warwickshire.gov.uk](mailto:johnedwards@warwickshire.gov.uk)



# Hayley Good

## Strategic Lead – Learning and Performance

- DfE school improvement offer
- Out of year group admissions
- The Nuneaton Education Strategy
- Fair Workload Charter

Learning and Performance hayleygood@[warwickshire.gov.uk](mailto:hayleygood@warwickshire.gov.uk)



# Jane Carter

## SEND & Inclusion

- \* Significant pressure on the High Needs Block 2019/20 - a Schools Forum Task & Finish group has been set up with a focus on avoiding admission to independent specialist provision.
- \* Savings plan for 2018/19 in place which impacts on Teaching Assistants in Specialist Teaching Service.
- \* New SEND & Inclusion Strategy to be approved by Cabinet in April.
- \* Jonathan Jones HMI to speak on a whole school strategic approach to SEND, 8th April.
- \* Working with SENCOs to update the SEN Provision Matrix.
- \* One of five remaining local authorities in West Midlands awaiting Local Area SEND Inspection.



# Richard Harkin

## Marketing & Communications



- Weekly newsletter to all Warwickshire schools
- Content, frequency, format, timing – have we got this right?
- Short survey to gather your feedback:  
<https://goo.gl/forms/2FKdybKd3LSA1Wm42>
- Your opportunity to shape how we communicate in future
- Further information: [headsup@warwickshire.gov.uk](mailto:headsup@warwickshire.gov.uk)

# Session Plenary

Paul Senior

Assistant Director, Education Services





# Thank you for coming!

**We value your feedback, please fill in  
the evaluation form and  
leave on your table for collection.**

